



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 7 NO. 3

MARCH 2023

Happy

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PATRICK'S

Day

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2102 LUCAYA (UPDATED)	\$ 219,000
2403 ANTIGUA (REMODELED)	\$ 285,500
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1502 CAYMAN	SOLD \$ 210,000
2004 GRANADA	SOLD \$ 209,900
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1501 CAYMAN	SOLD \$ 299,000
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 Daughter
Cheryl Stein
 Mother

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The Wynmoor Mother-Daughter Team

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2501 Antigua • Water View, COMING SOON!	\$185,000
2502 Antigua • 3rd Floor, Water View, A/C 2001	\$159,900
2101 Lucaya • Water View, Light and Bright	\$165,000

2 BEDROOMS / 2 BATHROOMS - INSIDE W/D

1501 Cayman • “Iris”, Impact Windows/Door, All Tile, Furnished	\$259,000
3305 Aruba • “Luxury”, Tile, Glass Encl. Patio, Walk to Pool	COMING SOON
3502 Bimini • Immaculate With a Perfect Golf/Lake View	\$210,000

2 BEDROOMS / 2 BATHROOMS - CORNER

1701 Andros • Evergreen, Water View, Washer/Dryer, 1600sf	\$229,000
3303 Aruba • “Luxury” 1700sf, W/D, Golf/Water View, Encl. Patio	\$264,000
1904 Bermuda • Panoramic Wide Water View	COMING SOON
1905 Bermuda • Water View, Just Painted, Priced For Quick Sale	\$169,000
2903 Victoria • Updated Kitchen, Central Park-like Views, Furnished, Just Painted, Enclosed Patio	\$259,000

1 BEDROOM / 1.5 BATHROOMS

1804 Eleuthera • REMODELED, All Impact, W/D, Water/Pool Views	\$175,000
2903 Victoria • Water/Golf View, Updated, No Carpet, Glass Encl.	\$159,000

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2102 Lucaya • Ground Floor, Unfurnished, Just Painted	\$1,800/mo
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Daughter **Wendy Peck**
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Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: wynmoorads@aol.com**

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CLUBS 200 Maximum
PEN TO PAPER 250 Maximum
ARTICLES OF INTEREST 450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

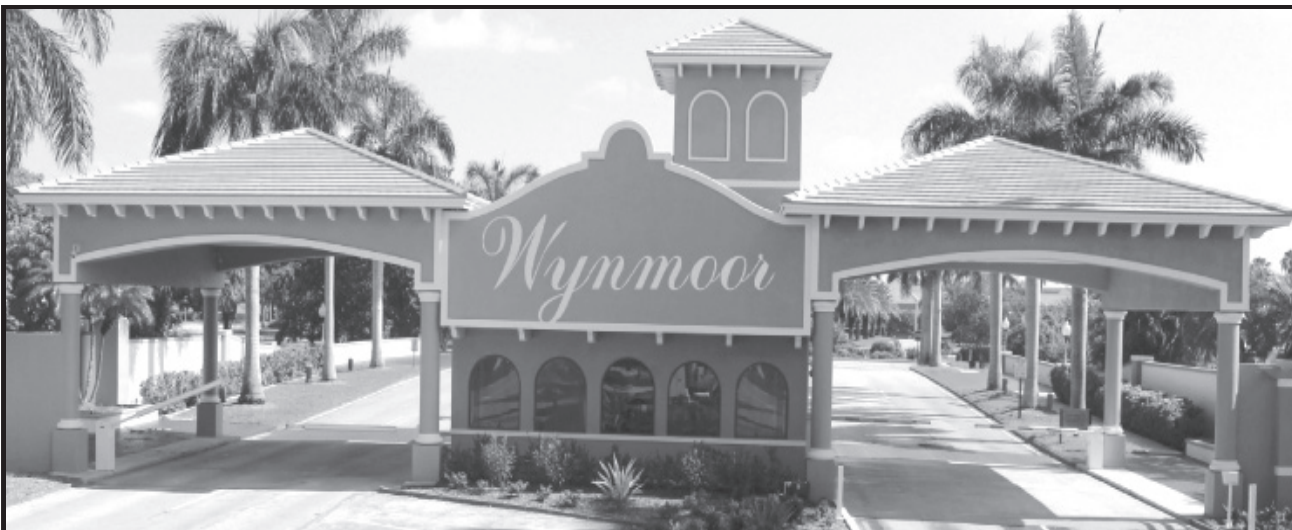
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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification.

Your guest must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1

- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: 954-973-6700

Hours of Operation

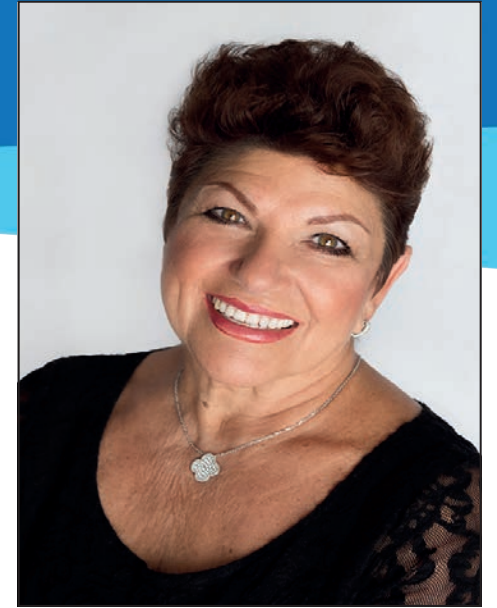
- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 8:00 PM
- Country Club: 8:00 AM - 11:00 PM
- Racquet Center: 8:00 AM - 12:00 NOON
- Theatre Complex:..... (Movies Only) 7:00 PM
-(unless there is a specific approved event)

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From the President

By Jackie Railey



We have had the pleasure of hosting a “New Residents Orientation,” once a month to introduce ourselves and explain how the Wynmoor governing body operates and all the amenities we have to offer. It has proven to be a very successful event and a rewarding experience to be able to meet our new residents and show the wonderful Wynmoor way of life.

Council Officers elections were held at the February Annual Board of Director’s meeting. Congratulations to those that were reelected to serve another term, Vice Presidents, Ann Goldman, Ronny Sydney and Secretary, Alan Wagner.

Your Officers of the Wynmoor Community Council remain intact due to the election that was held at the February 2, 2023 Annual Board of Director’s meeting. For those of you who may not know who we are let me introduce your Officers; Vice Presidents, Selma Bass, Ann Goldman, David Mintzes, Ronny Sydney, Secretary, Alan Wagner and Treasurer, Fred Stein; and I am your Council President.

Through our experience as a “team,” we have learned to work well together thereby allowing us to focus on the issues and accomplish our set goals. By listening to one another’s opinions and hearing various points of view, we have come to understand the importance of compromise and have successfully fine-tuned each project, the results of which have proven to satisfy a greater majority of our resident population.

As stated before, we were fortunate enough to be reimbursed \$3,056,032 for expenses during COVID. At the recent February, Board of Director’s meeting it was unanimously voted on to allocate \$1,000,000 to the paving reserve and \$1,056,000 to the Capital Fund. To alleviate some of the burden of the increase in the 2023 insurance premium, \$1,000,000 will be allocated to the Associations, hopefully, this will take some pressure off our residents.

I would like to take this opportunity to address those who have taken the responsibility of becoming Directors of all our 44 Associations. It is imperative that decisions are made regarding your Associations with the authority of the entire Board of Directors. No single Director has the authority to make changes and decisions on their own and must be in compliance with Florida State Statute 718 and your governing documents. To avoid any conflicts a united decision will benefit all residents.

I would be remiss if I didn’t mention our residents’ safety is paramount to all

of us. Whether it’s driving, biking, or walking our traffic rules and regulations have never changed and remain the same. STOP at stop signs, the speed limit is 25 mph around the circle and no passing. So please adhere to these safety measures that are put in place for all our residents’ protection.

Keeping our community safe is our primary purpose. We wish we could have the luxury of a sense of security. Unfortunately, no matter where we are, we must be aware of our surroundings. As busy as life makes us, it is important to get to know our neighbors so that we can all work together to make sure we are involved as much as possible to keep each other safe. Keep your windows, doors and vehicles locked and be mindful not to keep any valuables in your vehicle. If you see burnt out lights in hallways or stairwells, notify your building director. Lighting helps in so many ways to insure our sense of awareness.

We would like to bring to your attention of the assistance available to you for security, and beautification in your association through municipal grants. We have facilitated an Ad-Hoc Grant Committee. If you are interested in applying for any of these grants, please contact Abbey Lauth, Wynmoor Council Secretary at 954-978-2600 and your information will be forwarded to the Grants Committee, chaired by Marcella Stock, who has worked tirelessly in this area.

March has always been a time for the Coconut Creek local elections. I can’t stress enough the importance of making sure your vote counts, so please make sure you cast your ballot on March 14, 2023.

Spring is often referred to as the season of new beginnings; things always seem brighter and more beautiful at this time of year. For those of us that are lucky enough to live here in South Florida and more especially right here in Wynmoor, we are blessed all year round!

Those that believe in luck, don’t forget to wear your green on March 17th. You just might find your Pot of Gold at the end of the Rainbow!

GOD BLESS,



John & June McCarthy

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FROM THE ADMINISTRATOR

By Bruce Bandler

Pleased with the positive feedback from last month's Message regarding the "Structure of Wynmoor," I thought I would continue in this realm and provide a lesson in, "Where Am I and Where am I Going."

Wynmoor is a large community with amenities spread throughout our acreage. Many of us, and most especially our new arrivals, are not sure where to go if, for example, we

announce a special event in the Lecture Hall, the West Wing, or even the Theatre for that matter! There will be no test, but the information below may prove helpful if you're invited to a barbecue at the "Cove" and you're not sure just where the "Cove" is!

Let's begin by separating all Council properties into 6 areas beginning with Country Club, 1001 Wynmoor Circle. The following amenities, services, and events are located here in:

- | | |
|---------------------------|--------------------------|
| 1. Billiards Room | 10. Medical Facility |
| 2. Barbeque Grills | 11. Resident ID Cards |
| 3. Café on the Green | 12. Vehicle Bar Codes |
| 4. Ceramics | 13. Woodshop |
| 5. The Cove | 14. Card Rooms 1 & 2 |
| 6. Golf Course & Pro Shop | 15. Art Studio |
| 7. Grand Ballroom | 16. Stain Glass |
| 8. Lecture Hall | 17. Glass Kiln |
| 9. Library | 18. Clay/Stone Sculpture |

Main Pool/Administration Complex, 1310 Avenue of the Stars, includes the following sites:

1. Architectural Applications/Committee
2. Barbeque Grills
3. Council (Main) Pool
4. Fitness Center

5. Lazy River Walking Pool
6. Maintenance Payments (Admin Office)
7. Multi-Purpose Room
8. Recreation Office
9. Sales & Leases/Association Affairs
10. Shuffleboard Courts
11. Water Aerobics/Main Pool

Theatre Complex, 1300 Avenue of the Stars, includes the following sites:

1. Aerobics Classes (West Wing)
2. Card Rooms 3 & 4 (East Wing)
3. Movie Presentations (Theatre)
4. Ping Pong Room
5. Pottery Room
6. Saturday Night Dance (West Wing)
7. Theatre (Live Shows)
8. La Café

Racquet Center is located within Nassau Village and includes Tennis as well as Pickleball Courts.

Building and Grounds Maintenance Facility, otherwise known as the Dean Building, is located on the North Road. Residents will find Handyman Services located here as well.

Wynmoor's Security/Transportation Office is located on the North Road. Apartment Care Services as well as Transportation Services and schedules can be found at this location.

And there you have it! An advanced lesson in Wynmoor geography! Now that you've got your bearings, hope this helps you get around the community with an increased sense of confidence and self-assuredness!

Don't forget we're moving forward on March 12th as Daylight Savings Time returns. Before you turn in for the night on Saturday, March 11th, set your clock ahead one hour to enjoy that extra hour of sunlight! See you at the pool!

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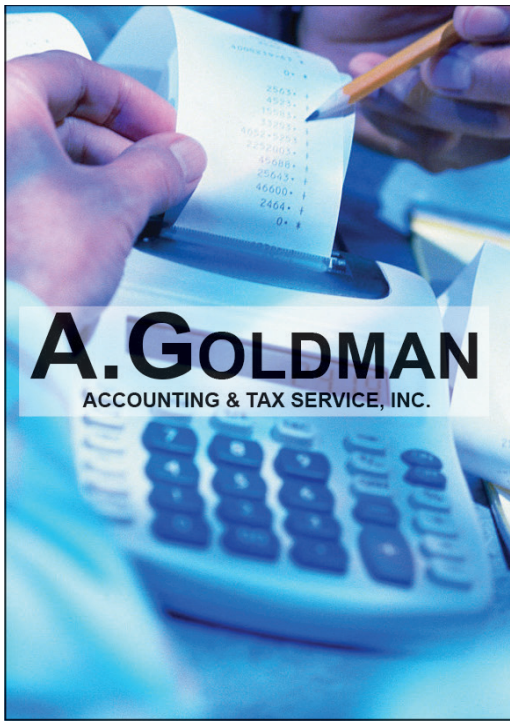


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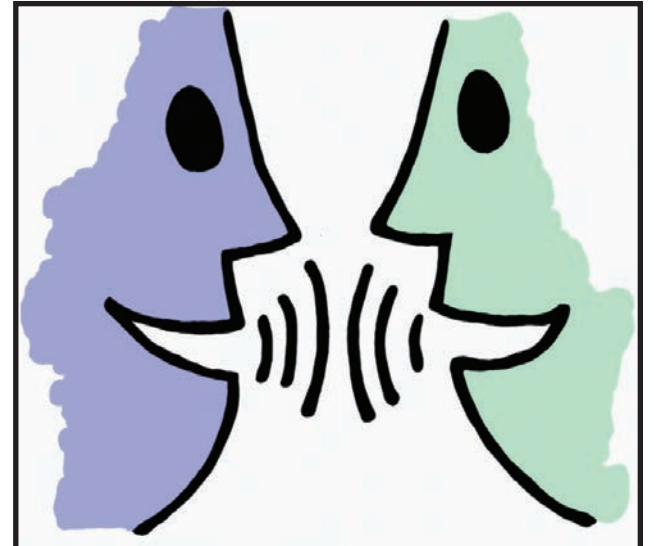
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Wynmoor Chatter

By Insider Staff

Residents are giving praise to Kerry Anne, in the Resident Office, located in the Wynmoor Country Club. They are saying, “they love being able to walk in and talk to someone who is pleasant and most of all efficient.”

She is noticed, and most of all appreciated, by the residents she assists daily!

Hats off, Kerry Anne. Keep up the good work!

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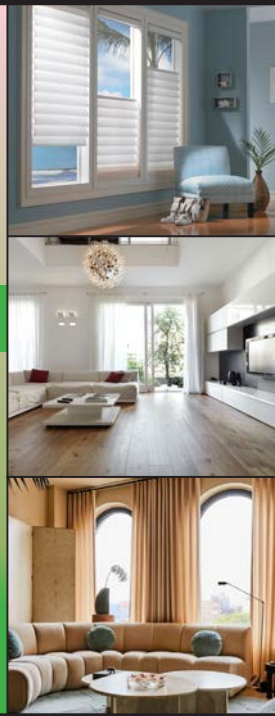
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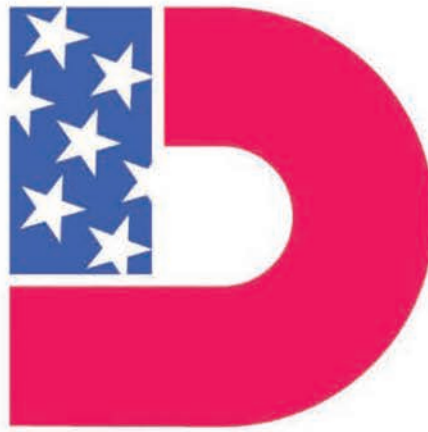
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FOR COCONUT CREEK CITY COMMISSION



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LET'S WORK TOGETHER TO MAKE OUR VISION A REALITY." - Alfred

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PRIORITIES

- Oppose the expansion of Mount Trashmore and protect our environment and air quality
- Keep taxes and city fees low
- Enhance and expand programs that serve our families and seniors
- Work to bring open government, solicit citizen input and promote inclusion and diversity
- Support our first responders and improve public safety
- Oppose the expansion of the Florida Turnpike into our backyard

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The Cove

The Cove is located on the Country Club Patio on Thursdays from 5:00 PM - 8:00 PM.

Food will be available for purchase by Cafe on the Green. between 5:00 PM - 7:00 PM or while supplies last.

Entertainment

March 2nd: King Arthur
 March 9th: Cesar Calle
 March 16th: Steve Michaels
 March 23rd: Mike Rapposelli
 March 30th: Marian Weinberg

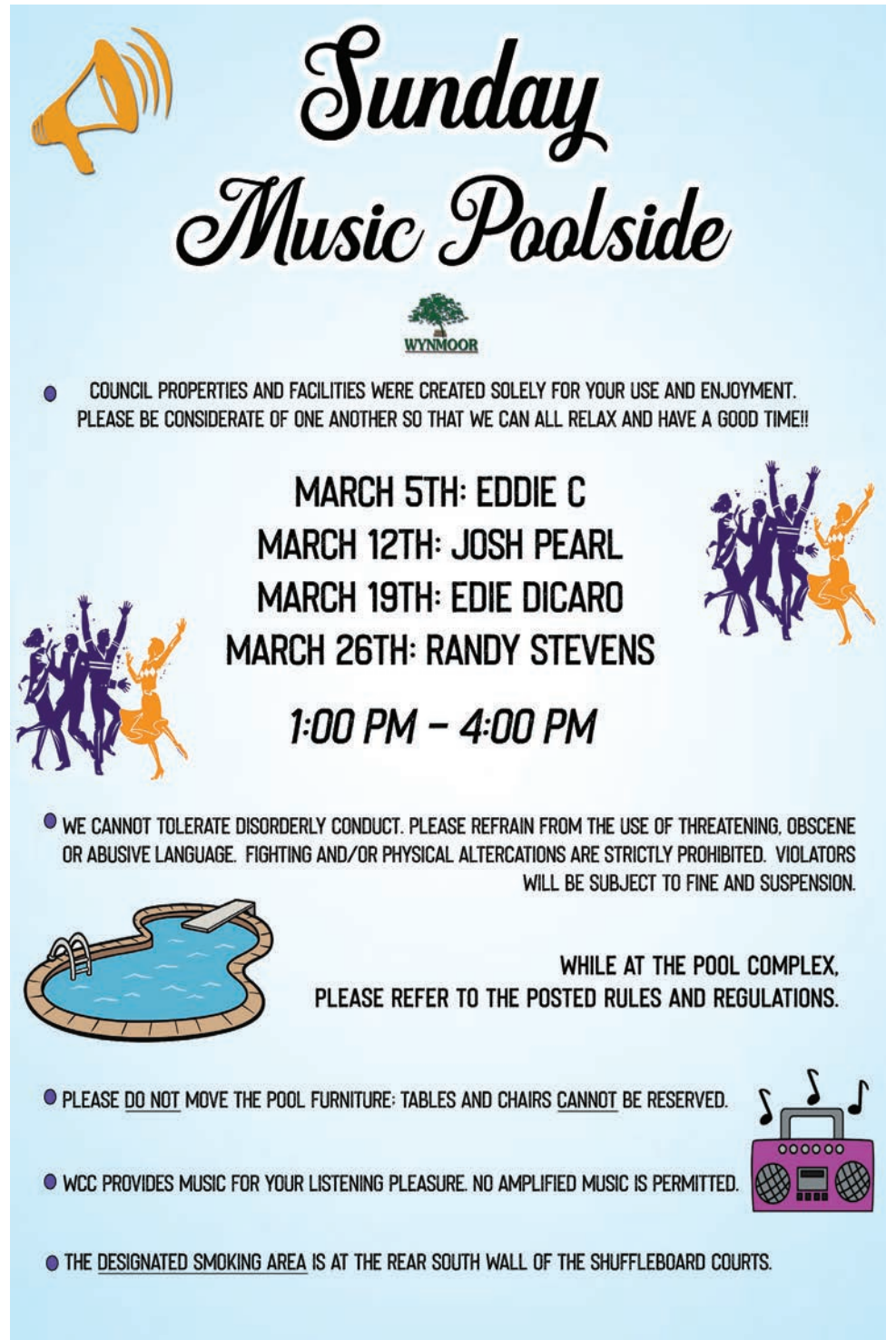
Menu Options:

Hot Dog Combo : \$6.00
 Hamburger Combo: \$8.00
 Grilled Chicken Breast Sandwich: \$10.00
 Chicken Skewer on Pita w/Tzatziki: \$10.00
 Spinach Pie w/Greek Salad: \$10.00

All Meals include Coleslaw, Chips and Drink. Sprite, Coke, Diet Coke or Water. * Cash Only *

WYNMOOR

For more information, call Recreation at 954-978-2600, press 1.



Sunday Music Poolside

WYNMOOR

- COUNCIL PROPERTIES AND FACILITIES WERE CREATED SOLELY FOR YOUR USE AND ENJOYMENT. PLEASE BE CONSIDERATE OF ONE ANOTHER SO THAT WE CAN ALL RELAX AND HAVE A GOOD TIME!!

MARCH 5TH: EDDIE C
 MARCH 12TH: JOSH PEARL
 MARCH 19TH: EDIE DICARO
 MARCH 26TH: RANDY STEVENS

1:00 PM - 4:00 PM

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pen to paper

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El Meanie

By Lawrence E. Correia

Many years ago, in my youth, I saw a great many good young men lose their lives in a fruitless and stupid war. As a result of this experience, I came to the conclusion that the good die young and only the meanies of the world live to a ripe old age, so I became a meanie. I made an agreement with the boss in heaven that I would be the meanest guy in the world so I could stay around this crazy cock-eyed world.

Now you must understand there are two kinds of meanie: 1st there are the cruel kind of meanie (Yuccccc) I definitely do not subscribe to that group. 2nd there are the nutty or crazy kind of meanie which I do favor. You see when I tell someone that I am a meanie, they shake their heads and smile thinking, "This guy must be nutty," which is alright by me.

I recognize that I do not have the skill or comedic talent of a Robin Williams, Jim Belushi, Eddy Murphy or Chevy Chase who can bring smiles and laughter to millions of others to ease the drudgery and boredom of everyday life. What I can do and hope is that I in some small way bring a smile on someone's face for a moment of silly cheerfulness in a rather drab day.

Maybe, just maybe, in this way I can find an additional purpose for my existence, when so many good men have fallen needlessly in crazy unnecessary wars.

Wynmoor! What's Not To Like?

By Richard Horn

It's 2017 and my girlfriend and I are both retired and enjoying our golden years. "Why don't we become snowbirds?" I asked. Sherry was resistant but was willing to look into the idea. The plan was to find a town house community

in Broward or West Palm that was similar to where we were living in South Joisey.

Sherry and I are both "people" people. We love to chat and hang out "wit" people, so we were looking for a sense of community. I was originally from Philly, and she was born and raised on Staten Island, so we were used to having neighbors nearby that we could greet and ask "Yo! What's U doin?".

A friend in Tamarac, who is a real estate broker, suggested a better idea and got us a day pass from Sheryl Stein and now here we are living in paradise.

Neither Sherry nor I had known that something like Wynmoor existed until our tour and, after doing an online search, I discovered there were many other such communities in the area. We spent the remainder of the week looking at Century Village, Huntington Point, etc. There was no comparison with Wynmoor. One place had 60 activities and others had 70 or more. Wynmoor had over 100.

Wynmoor's grounds reminded us of an all-inclusive resort in Playa Del Carmen, Mexico. Except for the golf communities, the communities we looked at needed an upgrade big time to get even close to Wynmoor in appearance. As for the Golf communities, we don't play golf so the idea of paying \$90,000 over the cost of a home to not play golf was not an option that we considered for even a moment.

Wynmoor has the largest pool hall in south Florida, one of the largest theaters in the area and an onsite restaurant. You may not shoot pool or play golf but I know you eat.

The fact that Wynmoor is adjacent to the Florida Turnpike and only about a mile or two from I95 makes getting to everything easy peasy and within 30 minutes of Wynmoor there are more restaurants and entertainment venues than you can shake a walking stick at.

Continued on page 21

Your Articles of Interest Are Always Welcome!

How do I send my article?

The easiest and best way to submit your article/s of interest is by email to Wynmoorads@aol.com in a word document, or mail it/them to **FLORIDA NEWS BUREAU, P.O. Box 670876, Coral Springs, FL 33067.**

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE:** The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

We currently have a box in the Clubhouse that will be taken away by the end of the year (inserting articles there will not be an option).

Thank you for your submissions. We look forward to hearing from you.

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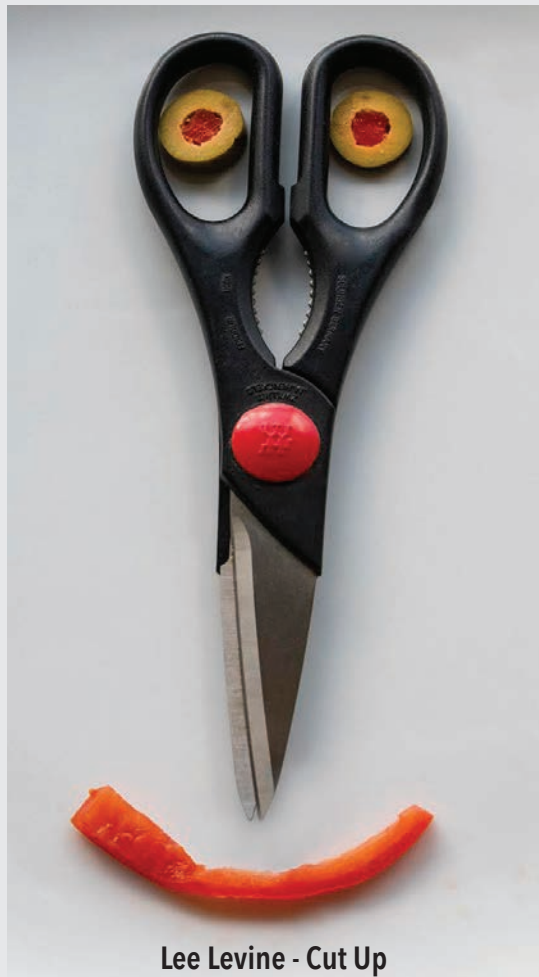
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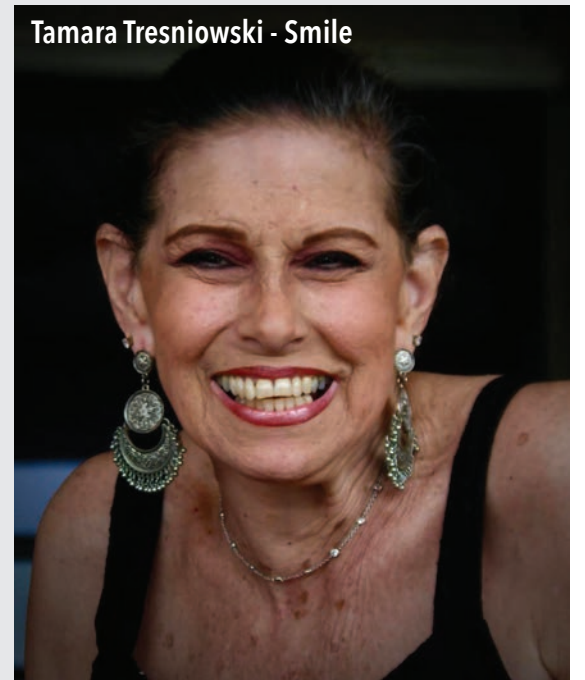
By Nancy Landman



Marlyn Horowitz - Cabbage



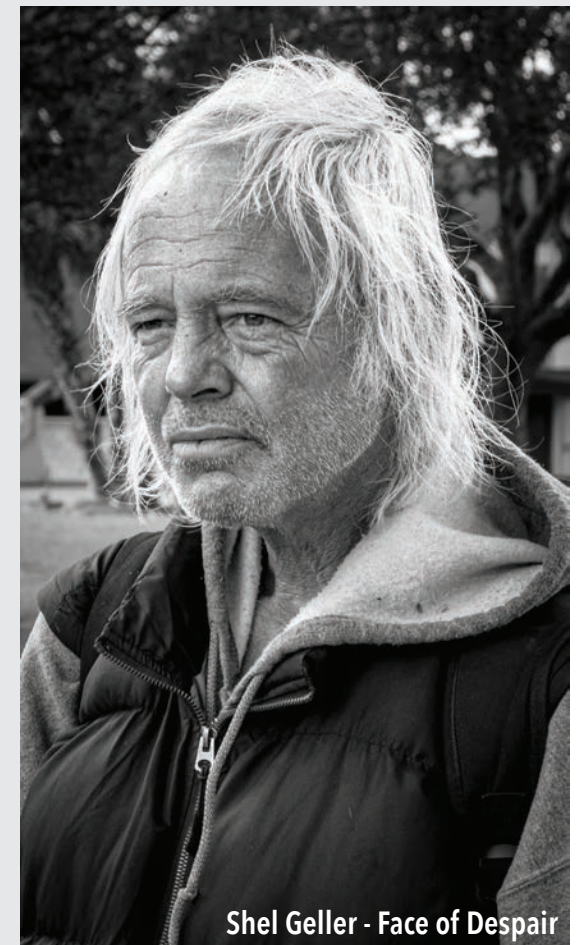
Lee Levine - Cut Up



Tamara Tresniowski - Smile



Mike Brodie - Orchid Trio



Shel Geller - Face of Despair

MIB

Men in Black

By Delio Silva

On February 8th the Men in Black of Wynmoor held their monthly outing and luncheon with an excursion to Wellington International Equestrian Center. The Wellington Equestrian Center is a venue known throughout the world. The center has a total of 500 acres and the competition arenas alone cover 80 acres. We all enjoyed the show jumping competition while enjoying our lunch at the Tiki Hut Restaurant.





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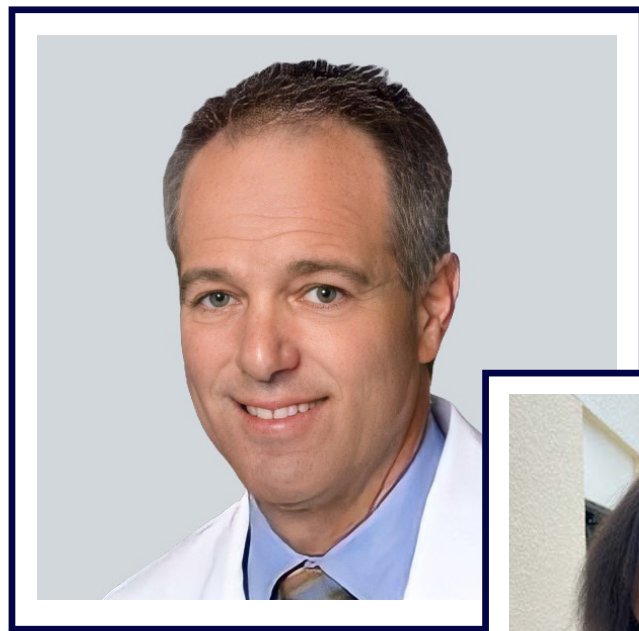


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Smart Moves For Investors After A Down 2022

Many investors were glad to see the end of 2022. But what's ahead this year? And what moves can you make in response to last year's results?

To begin with, here's what happened: 2022 was the worst year for the financial markets since 2008, with the Dow Jones Industrial Average dropping nearly 9%, the S&P 500 losing more than 19% and the technology-heavy Nasdaq falling 33%. Several factors contributed to these results, including the moves by the Federal Reserve to aggressively hike interest rates to combat inflation, the Russia-Ukraine war, recession fears and increased concern over COVID-19 cases in China.

However, 2023 may be different. Many experts believe that inflation may moderate considerably, especially during the second half of the year. If that happens, the Fed may well pause its interest rate hikes and perhaps even consider cutting rates — a move that is often positive for the financial markets. Also, if a recession emerges, but it's relatively short and mild, as expected, the rebounding economy may be favorable for the investment outlook.

Regardless of what transpires this year, though, you can help move toward your financial goals by following some basic steps that make sense in all investment environments. Here are a few to consider:

- *Focus on the long term.* It can be disconcerting to look at investment statements containing negative results, as was the case for many people throughout 2022. But it's important to view a single year's outcome in the larger context — and historically, the stock market has had many more positive years than negative ones, though, of course, past performance is not a guarantee of what will happen in the future. In any case, it's generally not a good idea to overreact to short-term downturns and make moves that

could work against your long-term strategy.

- *Keep adequate cash in your portfolio.* The value of your investments may have gone down in 2022 — but you didn't really sustain any actual losses unless you sold those investments for less than what you paid for them. To avoid having to sell investments to supplement your income or to pay for unforeseen costs, such as a major home or car repair, try to build the "cash" portion of your portfolio, so it covers a few months' worth of living expenses. When you're retired, and it becomes even more imperative to avoid selling investments when their price is down, you may need an even bigger pool of available cash.

- *Look for opportunities.* Although 2022 was certainly a down year for the financial markets, some developments have presented new opportunities for investors. For one thing, the contribution limits have increased for IRAs, 401(k)s, and Health Savings Accounts (HSAs), all of which are pegged to inflation. Also, with interest rates considerably higher than they were a year ago, fixed-income investments may offer more income and provide added stability in portfolios during times of economic weakness.

When you've been investing for a long time, you will experience down years in the market, such as the one in 2022. These years are an inevitable part of the investment process. But since you can't control what happens in the financial markets, you need to concentrate on what you *can* control — and that may be a lot more than you think.

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Continued from page 13

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Wynmoor, like everywhere else, is not perfect but it is a wonderful place to spend your finale years. I look at Wynmoor as a huge junior high school for old people without the raging hormones. You have your former honor roll students, your jocks, your teachers pets and your clueless neighbors smoking in the nonsmoking areas.

All things considered, we made the right decision. I'm off to play bocce.

Sneeee Keeee

By Lawrence E. Correia

One year while teaching my 6th grade English class, I decided to give my students a lesson in the beauty and lessons to be learned from poetry. The poem I chose was: Abou Ben Adhem by Leigh Hunt.

Abou Ben Adhem (May his tribe increase!) awoke one night from a deep dream of peace and saw within the moonlight in his room, making it rich like a lily in bloom, an angel writing in a book of gold. Exceeding peace had made Ben Adhem bold, and to the presence in his room he said, "What writest thou?" The vision raised its head and with a look made of all sweet accord, answered, "The names of those who love the Lord." "And is mine one?" said Abou. "Nay not so," replied the angel. Abou spoke more low but cheerily still and said "I pray thee then write me as one who loves his fellow men." The angel wrote and vanished. The next night it came again with a

great wakening light, and showed the names, whom love of God had blessed, and lo! Ben Adhem's name led all the rest.

When I told my students what I wanted them to do, you could hear the moans and groans. I had my students arrange their desks in a semi-circle with three desks in the center. I chose one bully, a want to be member of a local gang (Diablos, Crips) and a pain in the butt. I assigned them each a role, Abou, the Narrator and the Angel. They begrudgedly read their roles and I congratulated them on doing a decent job. I then asked them to do it again with a little more feeling and they did it. After that I had no more trouble in getting volunteers to recite the poem.

As I was about to select another trio, one young man Carlos asked me why was Abou's name ahead of every one else's when he did not love God but only his fellow men. I answered.

"When a supreme being (GOD) created life on this planet he gave creatures a body, a brain, and a spirit to survive, but only one he added something different. He breathed a soul into mankind made in the image and likeness of GOD. So when Abou said he loved his fellow men he was demonstrating his love of God with action and not hollow words."

Carlos responded by saying, "Mr. Correia you got us to like this poem and taught a lesson at the same time. Man alive you are so SNEEEE KEEEEE."

Sometimes I guess we teachers have to be SNEEEE KEEEEE to get a lesson across to our students.

ISRAEL

By Linda Storfer

Are you a Wynmoor resident with children or grandchildren who have made Aliyah and live fulltime in Israel? If so, you may be interested in joining our newly formed group. We meet frequently, discuss common issues and concerns, share experiences and provide updates about daily living in Israel. If you are interested in joining us please call 412-818-6883 for more information and to find out when and where the date of our next meeting will be held.

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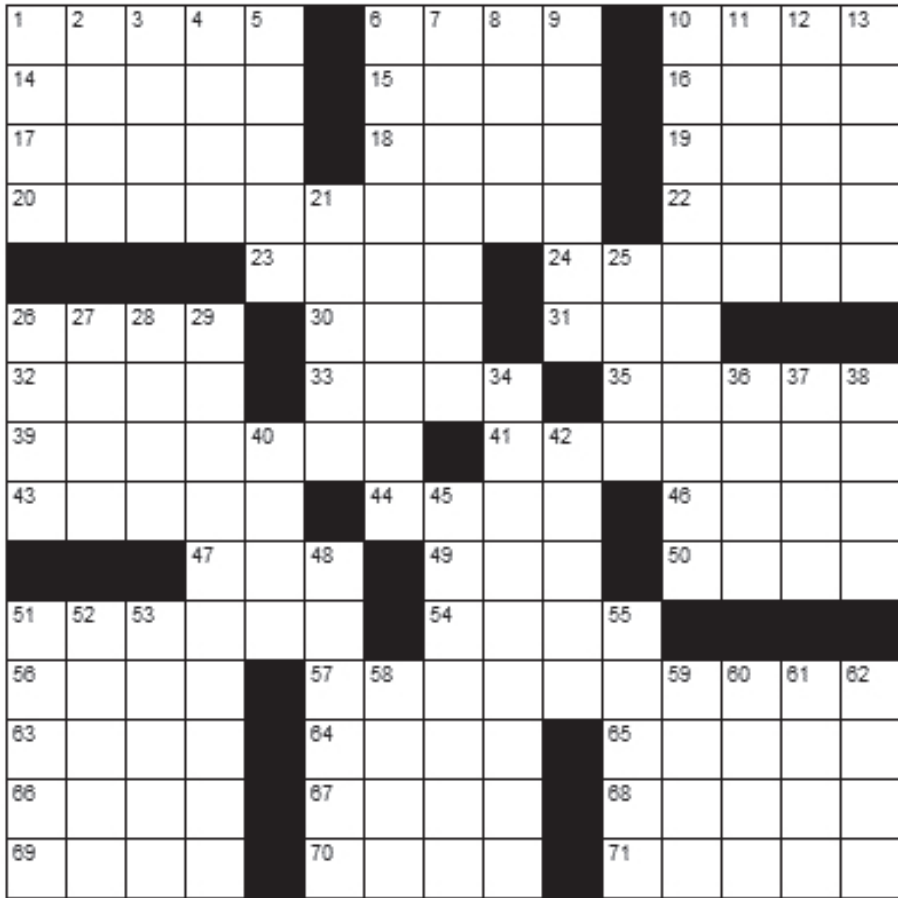
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Puzzles and Games

Solutions on page 66

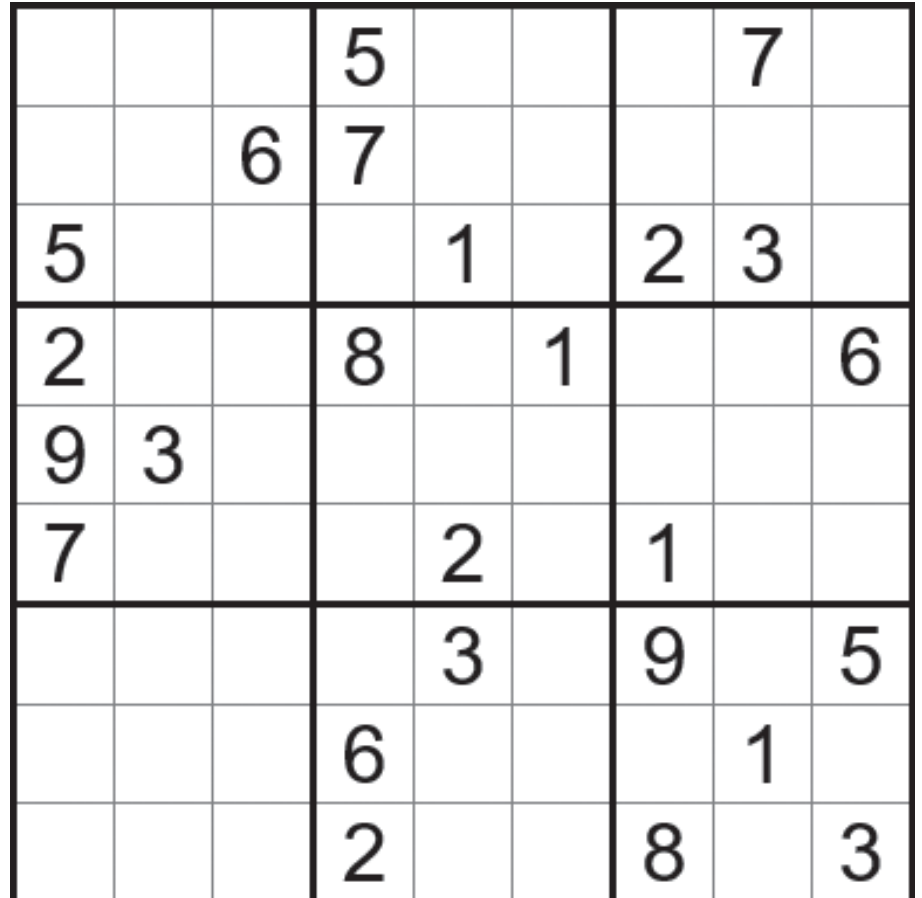
Crossword Puzzle



ACROSS

- | | | |
|-------------------------|-----------------------------------|-----------------------------|
| 1. Specter | 50. Not alive | 12. Call forth |
| 6. Female horse | 51. Separate | 13. Stitched |
| 10. Applications | 54. At the peak of | 21. Inn |
| 14. Low point | 56. Angle between leaf and branch | 25. Coarse file |
| 15. Mild expletive | 57. Designed | 26. Applies lightly |
| 16. Pew area | 63. Tubular pasta | 27. By mouth |
| 17. Companionless | 64. Foot digits | 28. Entice |
| 18. List of choices | 65. Innocent | 29. A political orientation |
| 19. Farm equipment | 66. LLLL | 34. Dissertations |
| 20. Compulsive worker | 67. Rubber wheel | 36. Uncouth |
| 22. Garden tool | 68. Poplar variety | 37. District |
| 23. Ripped | 69. Appear to be | 38. Be inclined |
| 24. Worn away | 70. Minerals | 40. Majestic |
| 26. Toy figurine | 71. Apprehensive | 42. Bib |
| 30. Poetic contraction | Down | 45. Knickknack holder |
| 31. Dike | 1. Chew on | 48. Depressed urban area |
| 32. African sheep | 2. Angelic headgear | 51. Stuns |
| 33. Where the sun rises | 3. Scent | 52. Banishment |
| 35. Brisling | 4. Kitchen or bathroom ____ | 53. What a book is called |
| 39. Gym weight | 5. Delicacy | 55. Prison-related |
| 41. Ecstasy | 6. Monuments | 58. French for "Black" |
| 43. Slumber | 7. Undying | 59. Lack of difficulty |
| 44. Exude | 8. Hindu princess | 60. Ready |
| 46. Biblical garden | 9. Brought out | 61. Always |
| 47. 18-wheeler | 10. Impulsive | 62. Declare untrue |
| 49. Driveway surface | 11. Greens with dressing | |

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

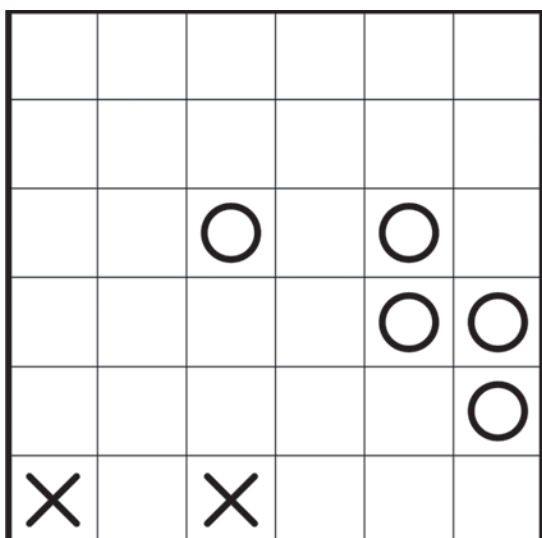
Spring

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- | | | | |
|------------|---------|------------|-----------------|
| ALLERGIES | EQUINOX | LILIES | SEASON |
| APRIL | FLOWERS | MARCH | SNOWMELT |
| BASEBALL | FROGS | MAY | SOFTBALL |
| BEEES | GOLF | NEW LEAVES | SPRING BREAK |
| CROCUSES | GRASS | PLANTING | SPRING CLEANING |
| CYCLAMENS | GREEN | RAIN | TULIPS |
| DAFFODILS | GROWTH | RENEWAL | WARMER |
| DANDELIONS | IRISES | ROBINS | WET |
| EASTER | | | |

Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.



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Legal Plan Checklist To Protect Yourself

By Martin Zevin, Attorney

I have touched on these subjects in many articles. Here is a condensed checklist.



1. Current Advanced Care Directives:

A. Designation of Health Care Surrogate for someone to make your medical decisions if you cannot communicate. Even if you are married, you **MUST** have this legal document and it needs to be current and done by a Florida lawyer. Do **NOT** rely on generic forms or a document you got from your doctor or a hospital or out of state documents.

B. Living Will. Very specific Florida language regarding "pulling the plug." Must be witnessed and notarized and designate someone to make the final decision.

C. Durable Power of Attorney. Covers legal and financial matters while you are alive. Again, needs to be done by a lawyer who is aware of current Florida law, including many specific powers that must be initialed by you to be valid. Our current document is 26 pages.

When you die, the advanced care directives die with you.

2. Last Will and Testament. If you are a Florida resident, you should have a Florida Will and your Personal Representative (Executor) must be a Florida resident OR a blood relative.

3. If you own real estate, in Florida or elsewhere, you need one of these to avoid probate when you die:

A. Deed as Joint Tenants with Right of Survivorship;

B. Life Estate Deed: You own property for the rest of your life and you designate someone on the Deed as having the remainder interest to inherit it without probate when you die. Be sure it is an "enhanced" (also known as "Lady Bird") to allow you to sell it without consent or joinder of the person you name.

C. Trust and Deed transferring property to you (and your spouse) as Trustee(s) of your Trust. This allows you to name contingent beneficiaries in case your first choice dies before you or with you in a common accident. The Revocable Living Trust also allows you to buy future properties as Trustee and to Amend the Trust at any time while you are alive. The Deed to your home should have language confirming that it remains your homestead.

The above documents should be done with the assistance of an Estate Planning Attorney. The following need to be done by you personally:

4. Designate beneficiaries on ALL of your accounts to avoid probate. This is also known as payable on death (p.o.d.), transfer on death (t.o.d.) or in trust for (i.t.f.). Also designate contingent beneficiaries. Each institution has its own forms but it should not cost you anything except some time.

5. If you know that you want to be cremated or buried, contact cremation societies or funeral homes to discuss pre-need plans. You will be signing a contract to pre-pay for your funeral, saving your loved ones a lot of stress, time and money. Be sure to give a copy of your contract to your primary and contingent Personal Representative so they will know who to call.

6. If you qualify based on age and health, consider long-term home health care plans. You will be entering into a contract providing for a specified term of years that you are eligible for home health care if incapacitated. These contracts vary greatly, so shop around and consult an impartial expert before signing.

7. Have car insurance that includes at least \$100,000 of bodily injury liability (b.i.) And uninsured motorist (u.m.). Do not have any deductible on your P.I.P. (no fault). If you own more than one car, consider "stacking", which allows you to double (two cars) or triple (three cars) your uninsured motorist coverage for a small additional premium. Uninsured motorist is the most important insurance you can have, since Florida does not require bodily injury coverage.

If you do all the homework on this list, you are well on your way to getting an "A" in Legalities of Life 101.

Please feel free to call me for a free phone consultation regarding any issues pertaining to Wills, Trust, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

TALK TO A LAWYER...BE SMART LAW OFFICES OF MARTIN ZEVIN, P.A.

Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

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1. What are the differences between a Will and a Revocable Living Trust?
2. What is Probate, how long does it take and what are the costs and attorney's fees?
3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
4. Review of your current legal documents.

Included in free consultation for personal injury:

1. How much is your case worth?
2. How long will it take to settle or go to court?
3. How much for costs and attorney's fees?
4. Referrals to doctors.
5. Review of your car insurance.



Martin Zevin

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ART WALK

Monday, March 6th

7:00-9:00 PM

By Gil Savitzky

Since Wynmoor will not be having its annual Art Show this year, the following art clubs listed below will open their studios for an evening of art appreciation. We will have an open house in the various individual studios on March 6th, from 7:00 - 9:00 p.m.

The following clubs are participating: Art & Drawing Club, Ben's Friends Saturday Art Club, Stone Carving, Clay Carving, Woodshop, Ceramics, Stained Glass, Glass Kiln.



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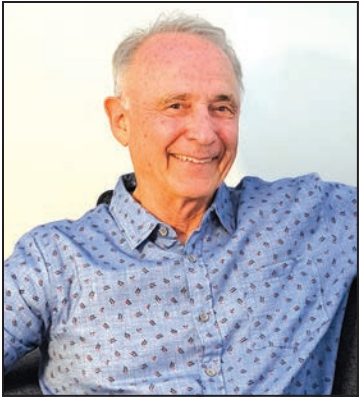
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HISTORIC MOMENTS

By Barry Singer

240th Anniversary of the Purple Heart



2022 was the 240th anniversary of the creation of the American military medal known as the Purple Heart. Created by George Washington

in 1782, the award was known then as the Badge of Military Merit. George Washington himself presented the award to three Revolutionary War soldiers to recognize their bravery in combat.

In October 1781, the British Army under Lord Charles Cornwallis had surrendered at Yorktown Heights, Virginia, ending the shooting war of the American Revolution, and paving the way to peace treaty negotiations.

The new confederation of states then entered a precarious time during which many thought that the union of the new American states might not hold together. In April of 1782, peace treaty negotiations got underway in Paris, but were dragging on. The treaty of Paris would not be signed until September 3, 1783 at the Hotel du York in Paris. The Congress was in dire financial straits, and had no money to pay the Continental soldiers. Robert Morris, Superintendent of Finances (forerunner of Secretary of the Treasury) had stopped the soldiers pay because of a lack of funds. Congress had no authority to raise taxes or order the states to do so. The soldiers grumbled. George Washington was sympathetic to their concerns, but he could do nothing to get them paid. In June of 1783, Continental soldiers in Philadelphia mutinied, and demanded their back pay. The Congress, insulted and threatened, hastily fled Philadelphia, and resumed its session in Princeton, New Jersey. The small, rural town of Princeton then rose to the occasion and became the nation's capital for the next 4 ½ months.

It was in this environment that George Washington issued his Orders of the Day of August 7, 1782. These orders announced:

“The General ever desirous to cherish a virtuous ambition in his soldiers, as well as to foster and encourage every species of Military Merit, directs that whenever any singularly meritorious action is performed, the author of it shall be permitted to wear on his facings over the left breast, the figure of a heart in purple cloth or silk, edged with narrow lace or binding. Not only instances of unusual gallantry, but also of extraordinary fidelity and essential service in any way shall meet with a due reward.”¹

As far as is known, the Badge of Military Merit was awarded to only three Continental soldiers, all non-commissioned officers: Sergeant Daniel Bissell of the 2nd Connecticut Regiment of the Continental Line, Sergeant William Brown of the 5th Connecticut Regiment of the Continental Line, and Sergeant Elijah Churchill of the 2nd Continental Dragoons, also a Connecticut Regiment.²

After the Revolutionary War the Badge of Military Merit fell into disuse. In 1932, however, to mark the bicentennial of Washington's birth, General Douglas MacArthur led the effort to restore the use of this medal to recognize bravery in action, but also to recognize soldiers who are wounded in action. A new design was created by Elizabeth Will an army heraldic specialist, along

with the Washington Commission of Fine arts. This design features a bust and profile of George Washington.

It was issued on the bicentennial of his birth, on February 22, 1932. In General Orders No. 3, the Army announced the revival of the award, and the opening of the award to wounded soldiers, by adding: “A wound which necessitates treatment by a medical officer, and which is received in action with an enemy of the United States, or as a result of an act of such enemy may...be construed as resulting from a singularly meritorious act of essential service.”³

In World War II over one million purple hearts were awarded. John F. Kennedy was wounded in action in 1943, and later received the Purple Heart. He was the only president to have that honor bestowed upon him. “Arguably, the most famous soldier of the war to receive the purple heart was Audie L. Murphy who was awarded three Purple Hearts.”⁴ My own father-in law arrived in France in early June, 1944. His unit, the 90th Infantry Division, known as “Tough Ombres,” came ashore in Normandy, on Utah Beach on June 7, 1944 (D-Day plus 1). For the injury he received, he was later awarded the Purple Heart.

Over time, new types of injuries and new types of combat were added to the qualifications for the award of the Purple Heart. As examples, soldiers wounded or killed by acts of terrorism, and friendly fire would qualify. As of 2010, there were an estimated 1.7 million awards of the Purple Heart in the U.S. Armed Forces.

¹ The Institute of Heraldry, Office of the Administrative Assistant to the Secretary of the Army, Purple Heart, December 3, 2013.

² Ibid.

³ Fred L. Borch, The Purple Heart – The Story of America's Oldest Military Decoration and Some Soldier Recipients, National Museum of the United States Army – for a fuller discussion of the award.

⁴ Ibid.



About the Author: Barry Singer

The author lives part of the year at Wynmoor, and is a volunteer with the Historical Society of Princeton, NJ, speaking about the American Revolution and leading walking tours in historic Princeton.

The author, with the Broward County Library, North Regional Branch, will hold a book discussion on March 28th from 2:00 to 3:00 p.m. on his recently published novel, “Exit the Bronx: Coming of Age in the Mid 60s During the Vietnam War.”

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Photos by George Soussou

By Bob Horowitz

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Week 6- Tony C & Tom P tied 2nd, Julio 1st



Week 7- Peter L & Bob H tied 3rd, Tom P 2nd, Julio 1st



Week 8- Hoover & Julio tied 2nd, Joe & tom P tied 1st, Jon tied 2nd

ASK DR. JOY

By Joy Berke Sanchez Ph.D.



Some people might find it odd that I'm going to be writing about change to a group of seniors. I so often hear people saying that they are too old to change whether it is behavior, habits, feelings or points of view. You may be surprised to hear that on my first day as a psychology undergraduate student, in my first course, Psych 101, the professor asked us to raise our hands if we had plans to become therapists. About 1/3 of the class raised their hands. He then asked us to write down what we believed would be the most difficult part of this career we were headed for. We all wrote our answers and he asked us to read them out loud. When we had

completed that task, he told us we were all wrong and that we would one day find out that the hardest thing we would be doing was attempting to separate the client from the problem. How right he was. At first, we all thought he was joking with us. After all this was the reason the clients were coming, wasn't it? Maybe yes, maybe no but it was often excruciatingly difficult. Admitting the need for change was the easy part, implementing that or any other change was another story altogether. And these people did not have 50 or 60 or 70 or more years to become set in their ways. Mostly they were people between 25 and 45. So what is the issue with change and why do so many people find it a nearly impossible task?

It appears that our basic identity and outlook sets itself concretely at a very young age. We decide early on what we can or cannot do, what our basic abilities and talents are. We see ourselves as athletic or intellectual or funny or good at math or writing or music or performing or anything else....and we do this early on. Then we follow that path even if at some point we realize we don't like it or prefer something entirely different. We also decide how happy we are or how successful or how worthy or deserving or lucky and we then go about fulfilling that image as well. We usually succeed to the degree we see ourselves. These scripts are not fully conscious but they are not unconscious either. We then program our lives to carry out our plans.

So, when clients would come to therapy, there was often a push/pull going on in them. At a conscious level they knew they wanted more out of their lives than they were getting but they didn't fully realize that they were actually living

according to a default plan. Their identities were tied up with these ideas that they held and the longer they held them the more they believed and followed them. Separating them from these concepts, no matter how much they wanted to live and feel differently, was extremely difficult. They didn't seem to know who they would become and how they would navigate life as this new person.

So, without going into my methods for working with these individuals, these couples, these families, I would just like to ask my readers if any of this applies to you. Regardless of your chronological age or your thinking that change takes a lot of time, is there any change you would like to make in yourself or your life?

Is there something new you would like to try or is there another way you would like to present yourself to the world? Are there ideas that you realize you still hold that are not serving you but you don't know how to replace or rethink them or even where to start? What I've noticed by living in three different senior communities is that there are differing ways that people retire. Some people decide to jump in and do all those things that they didn't have time to do when they are younger and working, others do the same things but don't get paid for it anymore. They just take whatever expertise they had and use it in various ways in retirement. And some people just sit down. Perhaps you want to change what you are doing. What would that mean to you?

Why not write down your fantasy changes. Let your mind wander and see what comes up for you. It may be a small thing or something you think is way beyond you. Even if you don't implement any of them, it would be a great mind-expanding exercise. Note if there are any fears or trepidation in the mix and what they might be. Do this for fun. Don't even tell anyone if you don't feel comfortable. This is just for you. Play with it. I think I'll do it with you as well. Go for it....

Recently a new science has come to the forefront of the mind-body-brain connections. It's called neuro-plasticity or brain plasticity. It is about forming new neural passageways in the physical brain. This is important at any age and is how learning takes place. For seniors it is just as important if we don't want our brains to shrink. Yes, old dogs can learn new tricks and we can learn to approach our senior years with the same enthusiasm that we might have thought was left in our past when everything was new. We can train ourselves to think differently so we form new pathways in our brains. If you find it easier to be negative or anxious in your thinking, it only means that pathway has often been used and the brain finds it and uses it as a default thought. To change that thinking to become more positive takes repetition and commitment. At some point the positive thought will become the default one.

It's the same for learning a new skill. Keep at it until the new neural pathway has been formed. New physical skills are learned in the same way.

Every new pathway you form actually makes your brain younger.

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Food As Medicine, Part 2 (recipe ideas)

By Marcus Smith, Licensed Acupuncture Physician

Last month I discussed the concept of “food as medicine” and the idea that the foods we regularly eat can be viewed as medicine we take at least three times a day on an ongoing basis for most of our lives. And how perhaps more than anything else in our lives, the foods

we regularly eat help determine whether or not we will become ill or remain healthy into older age.

If we do an internet search for health-giving meal ideas the response we get is overwhelming, to say the least. It is much easier to take a close look at what we already eat, and by tweaking things here and there, adding a bit of this and removing a bit of that, find ways to make those food choices as healthy and beneficial as possible. As it is impossible to know exactly what is

in the food we are served in restaurants, I am speaking about home-prepared meals only. And I recommend the use of organically-grown vegetables as well as pasture-raised or organic protein sources, both of which are readily available these days.

We don't have much of a winter here in south Florida but chicken soup seems to be a popular staple none-the-less. And it is historically considered to be health-giving by itself, especially for issues such as colds and flu. What follows is a very simple chicken soup recipe that is a potent immune-system builder and is also great for reducing inflammation and the symptoms associated with arthritis, due to the healing qualities of gingerol (from ginger). Bon Appetit!!

For information about Acupuncture and how it may be of benefit to you, please visit our website at MarcusSmithAcupuncture.com or call us directly at 954-907-1036.

Ginger/Garlic Healing Chicken Soup

Total Time	50 minutes
Prep Time	10 minutes
Cook Time	40 minutes
Yield	1 large pan, 12 servings

Ingredients

2 Tablespoons Olive Oil
 2 Tablespoons fresh garlic, minced
 2 Tablespoons fresh ginger root, peeled and minced
 1 Tablespoon ginger paste (optional)
 1 teaspoon cayenne pepper
 1 large sweet onion, finely diced
 2 lbs boneless, skinless chicken breasts, cut into pieces
 ½ cup fresh carrot, sliced
 32 ounces chicken broth, organic
 6 cups water
 1 cup fresh spinach

Steps:

1. Heat olive oil in a large pan.
2. Add fresh garlic, fresh ginger, and onion.
3. Cook for 3-4 minutes. Add Ginger paste, cayenne pepper and salt and pepper. Cook an additional 3-4 minutes, stirring often.
4. Add the chicken broth, water, chicken, and carrots.
5. Bring to a boil. Reduce heat and simmer for at least 30 minutes (up to 1 hour)
6. Add spinach and let cook for 5 minutes just before serving.

To add more antioxidants, you can also add sliced mushrooms (white or baby portabella) at the same time you add the carrots).

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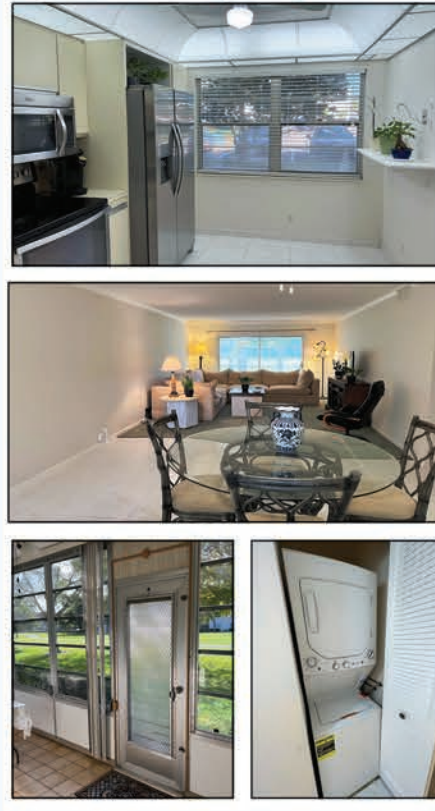
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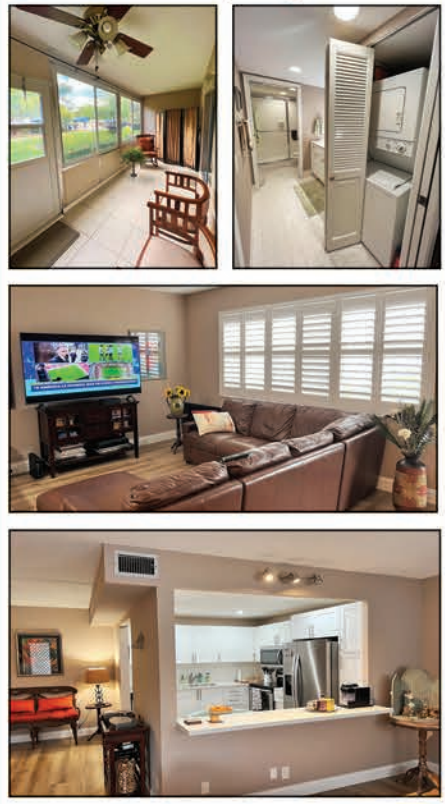
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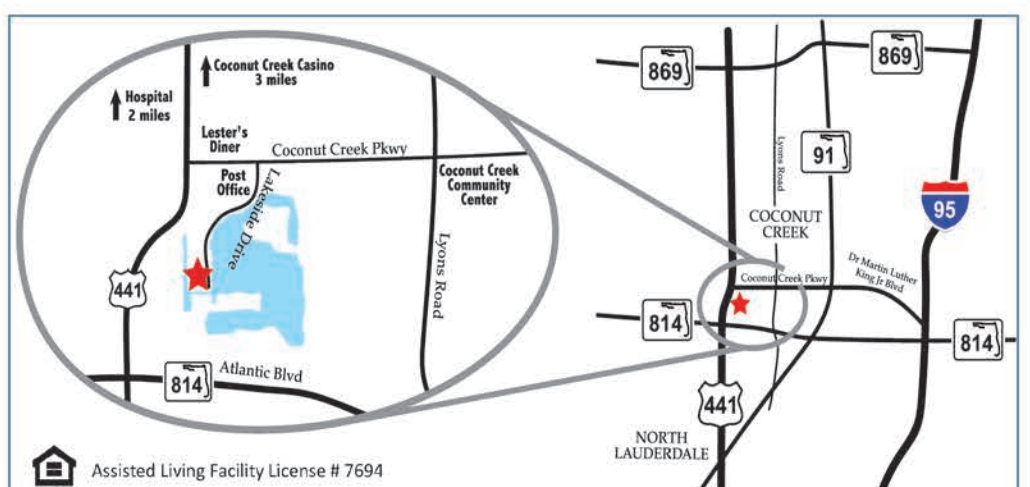


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By Iris Arlan and Lee Temares

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How did so many Jews get involved with things that are decidedly Christian? The simple answer is that they were filling a need with something with which they were familiar. Songwriters wrote songs. Candy makers made candy. Bakers baked cake. They were filling needs doing what they knew how to do. Of course, they were also earning a living.

Most of you have seen Peeps - the neon-colored marshmallow Easter treats. Well, Jews produce them. Just Born Quality Confections have been producing these sweets since 1953, when it purchased The Rodda Candy company. Roscoe Rodda had come up with the idea of "3D marshmallows." Jewish immigrant Sam Born developed the Peeps we know today.

Mr. Born was educated at a rabbinical school in the Ukraine. He learned the candy business as a young teen when his family moved to France. In 1910 he immigrated to the United States. Six years later he was awarded the key to the city of San Francisco for his invention of a machine that insert sticks into lollipops. He opened candy stores that were called Just Born, a play on his name and freshness.

Just Born grew, and in 1932 moved to a large manufacturing facility in Bethlehem PA. There they produced brands such as Mike and Ikes and Hot Tamales.

It took Rodda 27 hours to make one Peep by hand. Sam Born's son, Bob Born, mechanized the process so that it took just six minutes. By the 1960s shapes other than the chick were introduced. Today there are over 50 varieties made all year round- many for specific holidays like Halloween and Christmas. 5.5 million peeps are produced every day.

Sam Born died in 1959. Bob Born died Jan 29th.

Do you know one of the best known makers of Panettone, the Christmas cake? He is Roy Shvartzapel. He is an Israeli American Jew. He studied under Iginio Massari, a master Baker in Italy. There is a 40-hour production cycle. Mr. Shvartzapel started his company in 2016 and was endorsed by Oprah Winfrey in 2018. Each cake cost at least \$85.

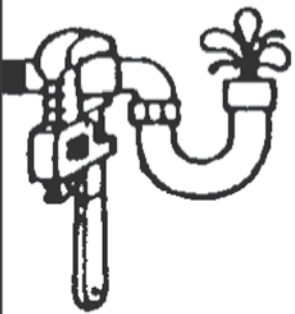
Shvartzapel was born in Karmiel, Israel. He was raised in Houston and now lives in California. He loved basketball but realized he would never make the NBA. He thought of becoming a lawyer, but baking was his passion. He graduated from the Culinary Institute of America in 2004. He eventually started working in Paris where he had his first taste of panettone. He loved the texture, the aroma, and the chew. It was a love affair.

I bet you are ready for a snack about now. Enjoy!



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Waterside Landing

By Dean Tendrich, Vice President Marketing

Senior Living is a very general title for an industry that is currently serving one the largest groups of citizens in the United States of America, the Baby-Boomer generation. Odds are, if you are reading this article, you are a “Baby-Boomer” or the adult child of one.

The Baby Boomer generation is recognized as those born after World

War II. Between 1946 and 1964 the US population “boomed”. The baby boomer generation is made up of 72.5 million people who were born during this nearly 20-year period. When you consider the history of the world, the boomer generation was a natural phenomenon. Prior to World War II, the United States was on its way back from the Great Depression. War in Europe started in the Fall of 1939 and went on without US involvement until December 7, 1941 with the Japanese attack at Peral Harbor.

As US soldiers fought in Europe the birth rate in the US slowed dramatically. However, when GI’s returned, they came back with opportunities to further their education under the GI bill which was signed in to law by President Franklin D. Roosevelt on June 22, 1944. The GI Bill was instrumental in the ability for couples to afford college, buy homes and start families. This bill is credited in part for saving the US economy from an unemployment catastrophe with soldiers returning from war. The GI bill enabled Americans to make more money and in turn this would mean more money to fuel the post war economy.

Every generation has identifiable characteristics. For example, the generation preceding the boomers is known as the “Silent Generation” or “Radio Babies” which are those people born between 1928 and 1945. Many of these people experienced the Great Depression so it shouldn’t surprise anyone that the traits with this generation are; determination, traditional cultural values, resilience, self-sacrifice and strong work ethic to name a few. What are the traits associated with Baby Boomers? Strong, focused, competitive, goal orientated, self-assured, value relationships and independent!

Independence! That’s really what this article is about. It took me a few paragraphs to get here but I needed to set this up properly. What does all of this have to do with Senior Living? Everything. When the first wave of baby boomers went to visit their parents or grandparents, there was no such thing as senior living. Back then, seniors housing was mostly made up of converted



hospitals and prisons. This would unfortunately make it difficult for the generations that followed this era.

The stigma of Senior Living is a battle being fought in plain sight. This is happening because of a couple of reasons. All one needs to do is look back at the traits of the generation that is being served. If you are a boomer, you will fight

as long as possible before making what is probably the single biggest decision you can make for yourself, your spouse and family. Senior Living is now a full blow industry that offers everything anyone would or could need. Senior Living is not the end of the road, in many ways it’s a new beginning. Senior living makes life easier and offers far fewer hassles for healthcare, personal fulfillment and more affordable than ever during these inflationary times.

Senior living communities offer independent as well as assisted living services. Under the assisted living umbrella there are also communities that specialize in Alzheimer’s and other related dementias and neurological disorders. Separate of these options there are Nursing homes which make up a very small percentage of the senior housing sector and frankly not the same as Independent or Assisted living. Nursing homes are for those with chronic health issues that can not help themselves at all.

Senior Living is a natural next step from the popular 55 plus, community concept. If you are living in a 55 plus community, at some point you might want or need to downsize. You may want a restaurant downstairs, or a driver to take you shopping or to your doctor’s office. Rents are almost always inclusive of all utilities and there are no property taxes and other costs. You may want to have someone help you monitor your medications. You may need a place to stay for a short period of time (respite stay) while you recover from a surgery or perhaps you just want to try the lifestyle. All of this is possible in today’s senior living options. You might recall during the late 1980s, General Motors (GM) launched a campaign for the Oldsmobile brand. The slogan was, “This is not your father’s Oldsmobile”. GM was sending a message to a new generation of car buyers. That message was; hey this is a cool car! Well, I’m here to tell you that “This is not your grandparents nursing home”. This is Senior Living. It’s about being independent, having friends and fun. It’s about surrounding yourself with the support that one day you might need or want. It’s about, not being alone and enjoying all that life has to offer. It’s about loving, laughing and sometimes crying. It’s about life. To life!

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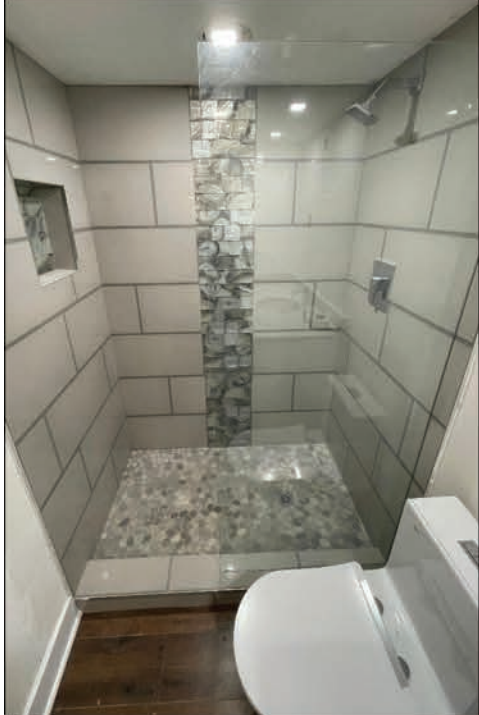
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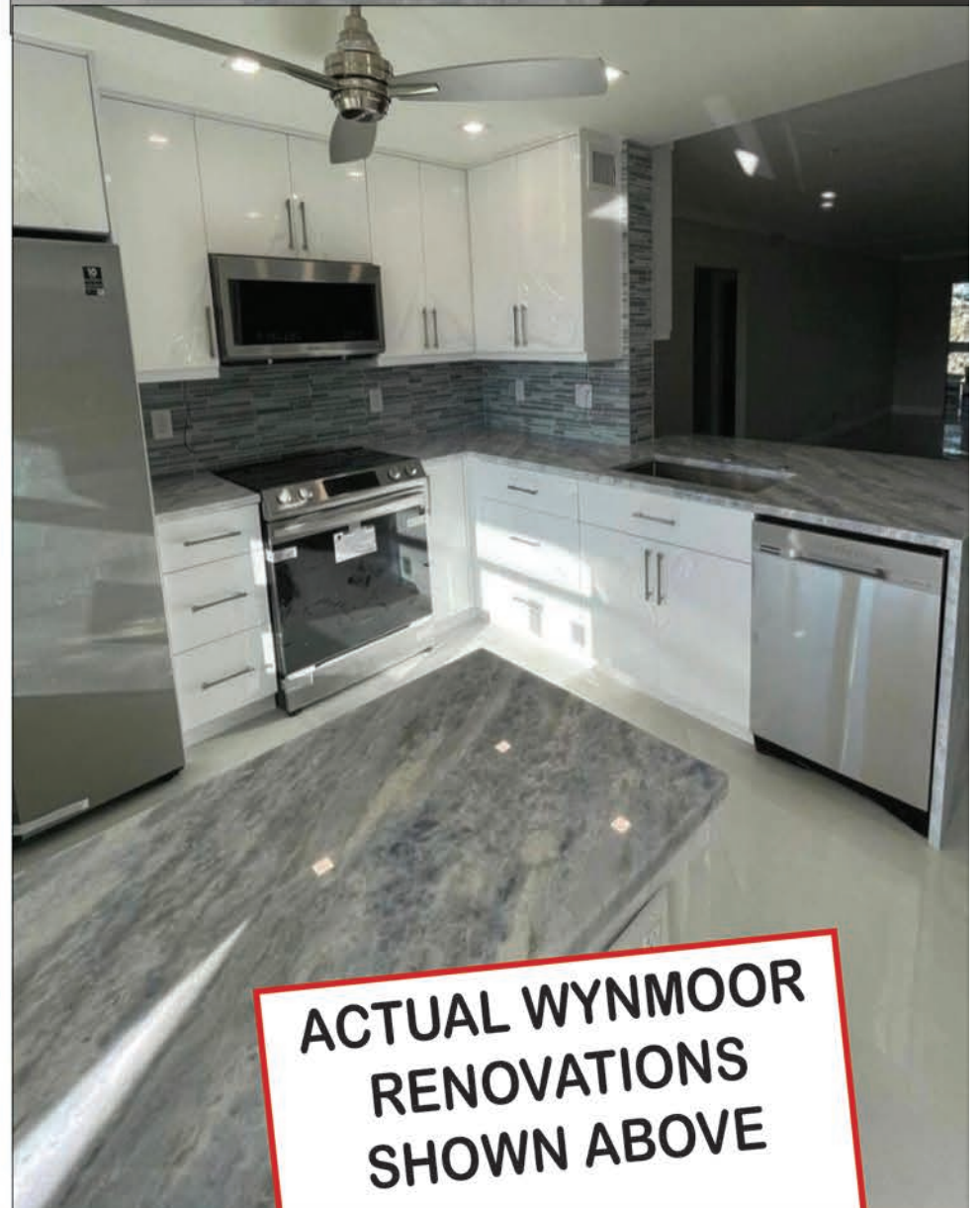
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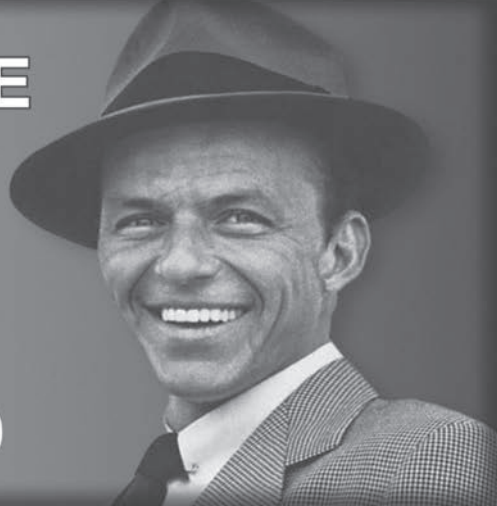


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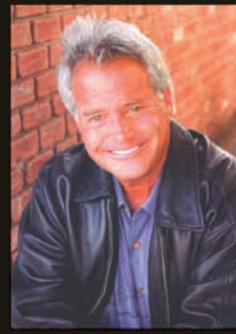
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A Fine Place to Study 20th Century and Contemporary Art In Broward County, Florida

By Barry Isaac

In January, on a pleasant Fort Lauderdale Saturday, I visited the NSU Fort Lauderdale Art Museum again. This art museum is primarily an art museum with 20th and 21st Century works of art. It has a definitive collection of paintings and drawings by American Impressionist, William Glackens in its permanent collection. It has a very large collection of paintings and works of Art produced by COBRA School Painters after World War Two from Denmark, Belgium, and Holland in its permanent collection. It has fascinating Contemporary Art Exhibits.

Favorite paintings by William Glackens, during my recent visit were "Cape Cod Pier," fine shadows, "Tugboat and Lighter (1904)," "Bandstand," "Bay Shore," "Route de Trajus, Cannes," and "Wickford, Low Tide," quintessential American Impressionism. William Glackens early in his career was associated with the Ashcan School, but during his peak years was an American Impressionist. William Glackens was a Francophile, a lover of French Culture and Art. Some called him "The American Renoir." I also savored Ernest Lawson's painting, "Lighthouse on Peggy's Cove, Nova Scotia" Ernest Lawson was part of Glackens' Circle of Artists in the early 20th Century.

Favorite COBRA School works of Art from their permanent collection

were Karel Appel's "Couple" (Hyplar on Wood), Lucebert's "Blue Boy" (painting), and Henry Heerop's buoyant painting, "Moon Girl."

At the temporary Malcolm Morley Contemporary Painting Exhibit (it ends on April 16, 2023), I saw fine photorealistic depictions of ships and boats in maritime settings. Favorites of mine at this exhibit were "Castle with Sailboats," "Crushed Liner with Lighthouses," and "Man Overboard."

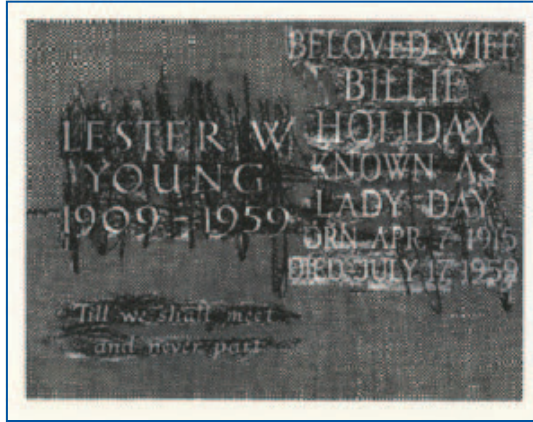
I saw the temporary Scott Covert Exhibit which ends on April 23, 2023. This exhibit featured Scott Covert's Monument Paintings employing the Victorian Gravestone Rubbing Technique. Scott Covert is sort of a human printing press. I saw Scott Covert's "I Had a Wonderful Life" which utilized wax oil pastel and acrylic on muslin. It honored the memories of Bricktop, Cole Porter, Lionel Hampton, Billie Holliday, and Leonard Cohen. I appreciated his works that honored the memory of Houdini, Serge Rachmaninoff, and architect, Ludwig Mies Van Der Rohe #3, 2004, among others.

The NSU Fort Lauderdale Art Museum is open from 11:00 to 5:00 p.m. Tuesdays through Saturday and 12:00 to 5:00 p.m. on Sunday. For further information, please call 954-525-5500.

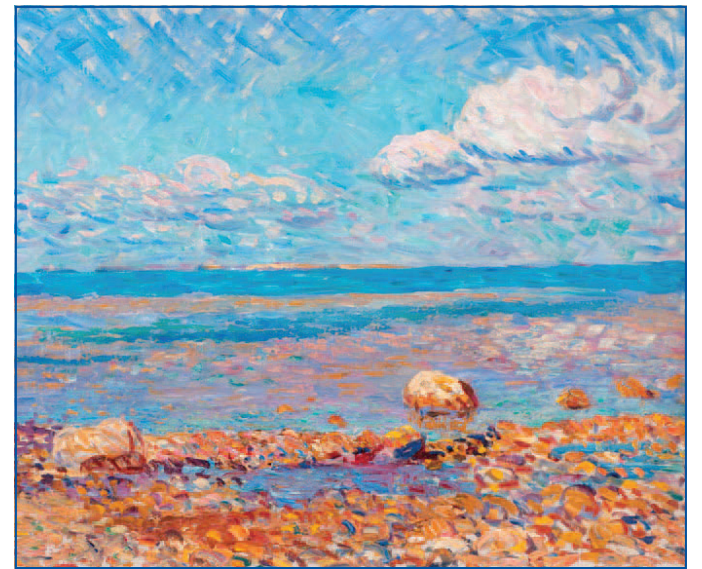
Henry Heerop, Smile



Scott Covert, I HAD A Wonderful Life



William Glackens, Wickford Low Tide



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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Marcia Maron

Our group is growing by leaps and bounds so... Come and join us for fun and exercise. We meet on Tuesdays at 2:30 p.m. Learn a routine while learning the art of Belly Dancing. Improve your balance, stamina, and energy level. This class is complimentary to Wynmoor residents. For location and more information please call Marcia at 516-659-3367. Have a belly good time!

Ben's Friends Art Club

By Rene Monblatt

New members are always welcome. We meet 9:00 a.m. every Saturday morning in the Art Studio. This gives you a year-round opportunity to meet new friends and get inspiration from like-minded creative colleagues. Hope to see you Saturday mornings.

Billiard & Pool Club

By Bob Horowitz

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated billiard tables and one regulation Snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida.

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. Use of the room and tables is free to all residents.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke night, comedy club night, group BBQ, Club Pool & Billiard tournaments, Couple Round Robin Double tournament, and other social events.

Bookies

By Myrna Greenberg

March's book is *Song of the Jaded Lilly* by Kristie Manning. A unique story of the Jewish population in Shanghai their interaction with Chinese people and culture. A reminder of the current events and how the world has changed. The Book Club will meet on Tuesday, March 7th in the Sunrise Room from 3:00 - 5:00 p.m. Welcome all to those who just returned or our loyal followers. You will find an afternoon well spent!

The April Book is *Lessons in Chemistry* by Bonnie Garmus. Don't be put off by the title as it is an enchanting book about the untapped power of women, their relationships and how to follow a dream! The Book Club will meet in the Sunrise Room on Tuesday, April 4th from 3:00 - 5:00 p.m. Fasten your seat belts this will be a bumpy ride.

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the Theater building for any or all of our ACBL sponsored Duplicate games. We have games on Tuesdays and Fridays at 12:30 p.m. (arrive 12:15) and on Wednesday evenings at 6:30 p.m. (arrive 6:15).

If you need assistance in finding a partner, contact Terry at 216-401-5739. Other questions? Please call David at 917-940-1552.

Camera Club

By Nancy Landman

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs. If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Photography Sections of the "News and Views" and "The Insider."

We have a season full of interesting presentations and creative photographs to view and review. We will meet on the 1st and 3rd Tuesday of each month 3:00 - 5:00 p.m.

Yearly Membership is Individual \$10 and per Couple \$15. First Meeting Is Free! Please call for location (contact #s below). Come join us!

If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com.

For more information, call or text Nancy Landman 954-496-1965 or Helen Storm 416-452-1313 (Canada).

Center Stage at Wynmoor

By Diane Williams

Formally known as 'Actor's Workshop' as it has been revamped! Have fun creating? Discover new and untapped talents and passions. This inclusive and multicultural group is seeking members, willing and able, to share in theatrical stage experiences. Performing arts professionals (including directors), novices, and enthusiasts are welcome. Open behind-the-scenes positions include lighting, audio, set designers, property managers, costume, and makeup artists. Open call casting for our theatre production was projected for October 2022. Proposed show date is March 2023. Please contact Joy at 973-452-9349 or Diane at 267-253-6947 for additional information. "We don't stop playing because we grow old; we grow old because we stop playing." - George Bernard Shaw

Ceramics Club

By Tamara Tresniowski

Happy St. Patrick's Day! Spring is in the air. Join us and be creative. Come by to look at the display case and see the wonderful work done by our members. Or even better join the ART WALK on March 6th from 7:00 - 9:00 p.m. and see the work people have done, and see demos by members enjoy some coffee and cake. Check out the 1000+ molds we have. Ceramics is a wonderful way to meet new people while you use the creativity you didn't know you had. Come in and sign up for classes (\$40 for 4 classes plus a starter kit of supplies). Annual dues are \$15. We are open Monday through Thursday from 9:00 a.m. to 12:00 and Friday from 9:00 to 10:30 a.m. We look forward to seeing you.

Chess Club

By Hillel Cohen

The Wynmoor Chess Club is adding a SECOND day to play. In addition to every WEDNESDAY AFTERNOON from 3:00 to 5:30 p.m. we will also get together every TUESDAY EVENING from 7:00 to 9:30 p.m. Both get-togethers will take place on the Clubhouse Patio (*the Cove*), on the restaurant/BBQ side of the Patio. If you don't see us there (in case of bad weather, lack of light or crowded space), look inside Card Room 1 whose door leads right there. All chess players at any level are welcome and no partner is needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed so come outside and play. Masks are optional. If you haven't played in a while (or even a very long while), don't worry - no one's keeping score or rankings. The point is to have a pleasant time while exercising our brain.

Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club studio is bordered by the golf course on one side and the Cove on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

Conservative Club

By Andrea Joy Frankel Bellitto

The Conservative Club of Wynmoor proudly brings back as our April guest, speaker Joyce Kaufman, an American Radio Talk Show Host. Joyce was slated to be our speaker in January, but due to illness had to cancel. She was gracious enough to give us a make-up date in April.

Joyce, was like many of us, born in NY and then relocated to the beautiful warmth of South Florida. She is also a neighbor, being a resident of our community, Wynmoor.

She has been a teacher of disabled and autistic children, and worked with adults with mental disorders, also working with preschoolers and was a director of a preschool, then becoming an entrepreneur before embarking on her very successful radio career. She is currently a radio talk show host on 850 WFTL on your AM dial from 12:00 to 1:00 p.m. Her wide range of accomplishments and encounters with many different personalities have given her heightened grasp of the state of our union and the world.



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Clubs and Activities

Continued from page 47

She is great supporters of Israel and is a great American patriot! Our meetings are always the 3rd Tuesday of the month.
 Date: Tuesday, April 18, 2023
 Time: 7:00 p.m. Meeting starts at 7:30 p.m.
 Place: Clubhouse Ballroom A
 Dues are \$15.00 annually, from January to January • 50/50 raffle • Refreshments will be served.

Current Events

By Susan Myers

Our group of friends in Wynmoor get together each Tuesday morning to discuss local, regional, and national events within our world.

We are now located indoors at Card Room 1 from 10:00 until 11:30 a.m. and we often follow our discussions with lunch in a variety of local restaurants within the Coconut Creek area.

Please join us! Call Susan Myers at 954-933-7743.

Democratic Club

By Bryan Casey

The Club meets on the 1st Tuesday of each month at 2:00 p.m. in the Wynmoor Main Ballroom. Doors open at 1:30 p.m. Each month features dynamic guest speakers from the ranks of Democratic politicians and organizations in the state.

You may contact Ms. Ilene Garland at 954-972-1978 or send email to admin@wynmoordemocrats.org.

Drawing and Painting Club

By Gill Katz

The Drawing and Painting Club is active and bustling with the return of the snowbirds. The Club is open Monday and Friday mornings to club members and Wednesday afternoons from 1:00 p.m.

If you are interested in joining us, please come to the Art Room situated opposite the Doctor's Room on Wednesdays.

Fishing Club

By Suzanne Fine

Some of the World's Best Fishing is right outside your door!

The Wynmoor Fishing Club invites you to join us in going out there to get 'em. Never fished? Don't worry, we'll show you how! Call Eddie at 215-429-6138 to join. We will have a special guest on tying knots on March 20th. Our meetings are the third Monday of each month at 9:00 a.m. in Ballroom C. All meetings include coffee and bagels...and exaggerated fish stories!

Fun With Friends 2

By Benjamin Zoe

Fun With Friends 2 is a members only Dance Club presenting some of the best LIVE BANDS performing in South Florida!

Back by POPULAR DEMAND, our next BIG dance event will occur on Sunday, March 19 and will feature Cachet, a popular Miami based band. The cost to attend for members is \$10. Due to legal occupancy limitations at the Grand Ballroom, our membership rolls are now closed. Event registration information is available by emailing FunWithFriendsWyn2@Gmail.com.



Cachet Band is one of South Florida's busiest bands. The band plays the area's top venues including the Ritz Carlton and Fontainebleau hotels, Immokalee and Gulfstream Casinos, Boca West, Broken Sound and Parkland Country Clubs, JAZZIZ, The Pavilion Grille, JP Mulligans and scores of others.

This eclectic group will keep you on the dance floor with their nonstop, upbeat, melodious sounds. Whether you are into the music of the 50s though 80s, Motown or Disco, or if you move to the Latin beat of Salsa, Merengue or Cha Cha you will want to experience the FUN of this great band with your FRIENDS.

Tickets sales to members will be sold between February 27 and March 10. A very LIMITED number of \$15 non-member tickets MAY be available on a first come first serve basis for this event between March 11 and March 17. FWF2 members, please watch your email for registration information.

Our final dance event for the season will occur on Sunday, April 16. We will announce the musical talent as we get closer to the event. Please contact us at FunWithFriendsWyn2@Gmail.com if you have any questions.

Hadassah

By Toby Norman

Our last function of the season will be our Spring Luncheon at Deer Creek Country Club on March 2nd. Again, the flyers are on the carousel outside of the library. We have some new vendors this year so plan on attending and see what they have to offer. If you have a question about this program, please contact Lenae Herman at 954-657-8579. She is the answer woman for this event.

REMINDER: Please continue to support Hadassah by purchasing certificates or trees for any occasion from Bernice Riback. To do so, just call her at 954-984-1703. As always, your continued support is greatly appreciated.

Health & Wellness Club

By Hope Myers

Member Academy Nutrition and Dietetics

CHALLENGES OF DIABETES is the title of the talk for our Tuesday, March 21, 2023 meeting which will be held in West Wing II at 2:30 p.m. Come hear Shirley Aberg speak on living with Diabetes. Shirley says "Being a diabetic is more than just restricting sugar/carbohydrate intake." She will discuss the three forms of Diabetes: Pre-diabetic, Adult on-set and Type I and how to adapt to the disease.

Shirley Aberg is a registered Guidance Counselor who also happens to be a Juvenile Diabetic. She has lived with diabetes since she was 14. Shirley has made it her life's mission to know all about the disease and to counsel all on how to live healthfully with Diabetes.

There will be a \$2.00 charge for this meeting. Bottled water and a protein bar will be provided.

Need more information? Call Hope Myers, President at 954-971-9538.

Ladies Circle Club of Wynmoor

By Iris Arlan

If you would like to know more about Ladies Circle, please contact our President, Harriet Lopez at 954-960-9411.

Latin Women's Club

By Benjamin I. Nazario

If you're interested or need information about our club and its events, please contact Ms. Minerva Nazario at 954-532-3156. Please stay well, safe, and healthy.

Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. until 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

Monday Night Dance & Social Club

By Tamara Tresniowski

Happy St. Patrick's Day! Spring is in the air, and dancing continues. We are so happy to see how many people have been coming in on Mondays to dance the night away. Our wonderful theme nights and instruction continue in March. March 6th wear spring colors and flowers and come in to learn the Merengue with Debra Jaffe. March 13th is the wearing of the green for St. Patrick's Day and the dance team will review the line dance for Jimmy Buffet's Bob Roberts Society Band. March 20th Hal Austin will be back to teach a Cha Cha. Finally, we are very excited to welcome back Phil Palma from the Goldcoast to teach a "5 in 1" ballroom dance lesson.

Clubs and Activities

Continued from page 49

Nature And Arts Club

By Elinor Weinstein

“Keep smiling, because life is a beautiful thing and there’s so much to smile about” Anonymous

Thank you to our membership for an outstanding attendance at our February meeting in the Wynmoor ballroom to listen to a bee specialist. We learned about the need to create environments that keep bees healthy. A special thank you to our hospitality crew for serving a delicious light breakfast.

We have an exciting program on Thursday, March 2nd at 9:00 a.m. in the Ballroom (please note this is a change from our usual 9:30 a.m. meeting time). Our very own member, Anne Sheldon, will show slides and speak about her mother, Elisabeth Sheldon’s experience as a gardener, horticulturist and landscape designer. Elisabeth transformed an old dairy farm from upstate New York into a magazine-worthy showplace. Meeting details to follow in our membership newsletter.

On Thursday, March 16th, sit back and enjoy a relaxing bus ride to the Flagler Museum in West Palm Beach. The mission of the museum is to preserve, research, and interpret Whitehall, its’ associated collections, and materials related to the life of Henry Morrison Flagler, as unique and important elements of Florida’s history and Americans gilded age. Again, details to follow in our membership email.

We are still accepting new members for the 2023 season. Please contact Sheryl Darby, Membership V.P. at sheryldschiess@comcast.net, with any questions. Once you have sent your check for \$15, you will be included in all monthly emails with instructions for signing up for meetings and trips.

In friendship.. Nancy Moskowitz, President, laughlady55@aol.com or 954-973-2181

Needlework Click

By Barbara Bilello

Our March meetings are the 14th and 28th, the 2nd and 4th Tuesday of each month. We are in the West Wing from 1:00 to 4:00 p.m. We serve coffee, tea and yummy snacks.

If you are new to Wynmoor and are looking to make friends and meeting new ones come and check us out. We are a friendly group of ladies who enjoy sharing our projects and patterns.

We had a great party on February 28th. Thank you to all who participated with lots of food and snacks.

Remember if you have yarn that you’re not needing anymore give me a call and I will gladly pick it up. My number is 754-222-6375. Thank you!

Night Tennis

By Jo Ann Perreault

Summer weather is here, and we are less inclined to run around in the heat. The remedy for back side couch implants is Night Tennis.

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday’s fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one’s part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

Pickleball Club

By Mayda Coombs

The Pickleball Club is in full swing. We have held our first two tournaments of the season with two more to go and our Alan Garshon Memorial Color War Games. Everyone is having a fun time competing and enjoying the fabulous luncheons that follows. If you are interested in joining in the fun or just being an observer come on down to the Pickleball Courts. All our up and coming current events are posted on the bulletin boards in the Pavilion at the Racquet Center, also on our Facebook page and we send out emails. We have beginner, intermediate and advance classes if interested or have questions send an email to pcw.classes@gmail.com, put classes on the subject line and we will get back to you. As always it is never too late to join. If interested contact Chuck Milstein at 954-366-1149.

Tennis Club

By Edwin Napoleoni Sr.

Wynmoor Tennis Club continues to bring existing and competitive tennis

events. On Sunday, February 19, 2023 at 9:00 a.m. we hosted a Round Robin Tournament. Each player picks its playing partner, the exciting part of this tournament the playing partner must equal the age of 130 combined. In addition, one of our own wynmoornites Jeff Duplessis, a physical therapist for many years will address the membership on ways to minimize injuries.

The Miami Open is from March 19 - April 2 •

For Wynmoor T-shirts please see the sign-up sheet. *Life is better with Tennis.*



The Wynmoor Dance Troupe & Company

By Marcia Maron

With much spirit and joy The Wynmoor Dance Troupe & Company with talented singers, dancers and the rest of us take to the stage once again in their new musical revue *Show Me The Music* in 2023. If you think you would like to take part in this production and meet your neighbors, have fun, and work hard, we need: singers, dancers, comedians, backstage hands. No experience is necessary. Please join us and call Marcia at 516-659-3367.

US Club

By Ceil Eitman, President

This one is a winner! A US Club Mardi Gras! The event will be held Tuesday, March 7th at 7:30 p.m. in the Ballroom (doors open at 6:45). Entertainment will be provided by Extravagant Entertainment and costumes are encouraged. 2023 members \$3, and guests will be \$10 at the door. Please RSVP the phone squad.

Women’s Pool Group “The MsCues”

By Bob Horowitz

This is for beginners and advanced players. Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! *Yearly membership is only \$5. We meet every Tuesday at 3:00 p.m. in our A/C Pool & Billiard room. Questions: Carol cas242@hotmail.com or 978-979-1681.

Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

Writer’s Workshop

By Judy Willow Weissman, PhD

If you’re interested in attending the Wynmoor Writer’s Workshop contact Nancy Heller Moskowitz, laughlady55@aol.com and put Writer’s Workshop on the subject line. Be healthy and happy.

Wynmoor Computer Club

By Jerry Murphy

On Wednesday, March 15 at 9:00 a.m. in Ballroom A, we will have our March Computer Club meeting. TDM Technology International will be speaking to us about Video Conferencing Apps. Our speaker is a hands-on lecturer and will spend time answering your questions and helping you to learn. Please remember to bring your dues to the meeting so we can sign you in as a member. The dues are \$15 for the season.

In order to purchase the food we are offering, we need a count of who will be attending. Please let me know if you are going to attend so we know how much food to buy. Send an email to JerryJMurphy@aol.com or call me at 917-859-4561 and leave a message with your name.

We hope to see you Wednesday, March 15, 2023 at 9:00 a.m. in Ballroom A to discuss Video Conferencing Apps.

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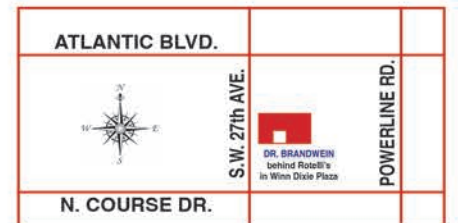
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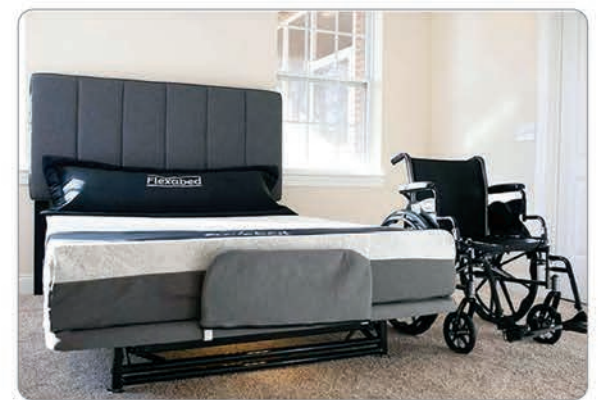
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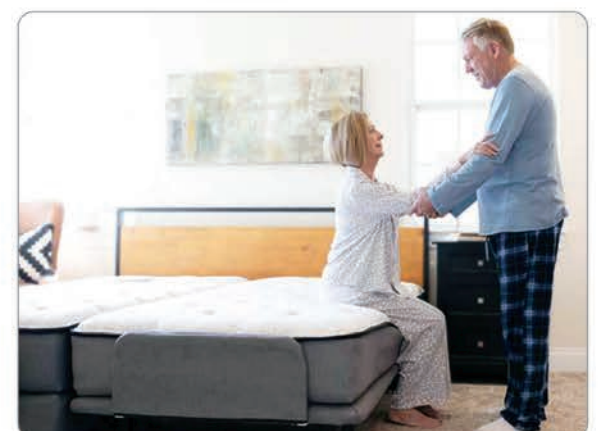
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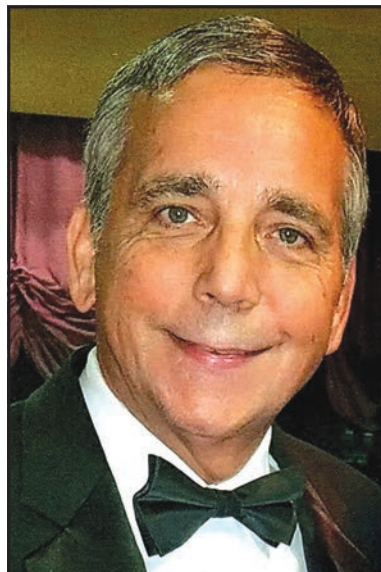


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2023 Homestead Exemption/Save Our Homes Cap Set By The State

The Florida Department of Revenue has set the 2023 Save Our Homes (SOH) cap at 3%. This SOH assessment cap limits increases to the Assessed/SOH Value for properties receiving Homestead Exemption to no more than 3% per year or the increase in the Consumer Price Index (CPI) regardless of increases to the just value of the property. This cap results in considerable property tax savings over time for properties with Homestead Exemption. It is important to remember this is not a cap on the actual taxes, but rather a cap on the amount the Assessed/SOH Value of the property may increase annually.

Important: The Save Our Homes cap begins the year after you receive Homestead Exemption. This cap does not cover new construction or construction that was not taxed before the "Save Our Homes" limit applied to a particular property. When buying/acquiring real estate, do not assume the property taxes will remain the same as the current owner's taxes. Under Florida law, a change in ownership will reset the assessed value of the property to full market value, which could result in higher property taxes. To help property owners better prepare, our office offers a New Homebuyer's

Tax Estimator on our website at <https://web.bcpa.net/bcpaclient/#/Tax-Estimator>.

Late Filing Exemption Deadline - September 18, 2023

Homestead Exemption automatically renews each year provided there is no change in the ownership or use of the property. If you are already receiving Homestead Exemption on your current home, you do not need to reapply. If you have not yet applied for your 2023 Homestead Exemption, Low-Income Senior Exemption, or any other exemption, you can still late file until September 18, 2023. To apply for any of these exemptions, please visit <https://web.bcpa.net/bcpaclient/#/Homestead>. Once the September statutory "late-filing" deadline has closed, we cannot accept any more 2023 exemption applications regardless of any good cause reason for missing the late filing deadline. Property owners who moved to a new home in 2023 can pre-file for tax year 2024 at https://bcpa.net/homesteadonline_with_portability/web/index.aspx.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6830 by email at martykiari@bcpa.net.

Clubs and Activities

Continued from page 50

Wynmoor Ladies Golf Association

By Linda Sue Lewis-Moors

The WGA Installation Luncheon at Deer Creek Country Club in January was an enjoyable event for all attendees. In addition to honoring the 2022 board members and installing the 2023 board, as detailed in last month's article, 2022 league members were rewarded for achievements in several categories.

Susan Yang had the most birdies and three members had holes-in-one during league play: Barbara Hyer; Linda Lewis-Moors; and Susan Yang.

18-hole golfers with the lowest ringer scores during league play were awarded in flights, with first, second, and third place winners.

Championship Flight: Susan Yang; Connie Rinaldi; and Nicole Roy and Jeanie Lee (tie)

A Flight: Lois Tyman; Barbara Hyer; and Mary Kukulski

B Flight: Pat Fazio and Linda Dworski (tie); Marsha Starr and Betty Kregas (tie); and Gayle Worrell

C Flight: Kathy Heery; Linda Lewis-Moors; and Kristine Baker

9-Hole Flight: Janice Jacobs; Laura Kirschner; and Mona Margolian

As this article was being written, WLGA members were looking forward to the Annual Championship Tournament, set to begin on February 21st, with Super Sunday playoffs on Sunday, March 5th. The always enjoyable championship awards dinner will be in late March.

Throughout the Wynmoor golf season, members enjoy special events and weekly tournaments. These provide opportunities to socialize with this group of friendly, active women. In addition, WLGA members also join WGA and enjoy their numerous golf and social events. Come join us.

Come to the Pro Shop for more information.

Wynmoor Short Film Festival

By Enid Wolf-Schein

The 3rd Annual Wynmoor Short Film Festival will be held Friday, March 10th at 7:00 p.m. with a matinee on Saturday, March 11th at 2:00 p.m. Screenings will take place in the Country Club Lecture Hall followed immediately by a film-oriented reception in the Ballroom.

HAVE you ever gone to the movies and left saying, "that movie would

have been better if it were 20 or 30 minutes shorter!?" Well, when you come to the Wynmoor Short Film Festival – you will watch our films and say, "I want to see more!" In 90 minutes, we will present 11 fun films, followed by a wine and popcorn interactive reception in the Country Club Ballroom, with live entertainment. Most of the filmmakers will be present, so you can meet them at the reception.

Our movies this year include: "Senior Moments," in an encore showing, last year's audience voted it the film most people wanted to see again. "Telekinesis for Beginners" is a comedy of folly. "Badfish" and "Aloha Love" are the product of a local 48 Hour Film Project whose goal is to make films from script through editing in only two days, that are both inspiring and hilarious. "The Men's Room" takes place, guess where? "I Dream of Dancing" is the film where a spectacular dance number features some of your Wynmoor friends! "Chip" stars one of the cutest animals you will ever see on screen. "The Third Defector" and "Extra Innings" come to us from John Gray, a well-known and prolific filmmaker and TV showrunner. Remember the CBS series "Ghost Whisperer" and the television movie "Martin and Lewis"? John Gray made those and many more. Usually, our films are by Wynmoor and local filmmakers but when we got the opportunity to share Mr. Gray's movies with our audience, we jumped at the chance. We will also show two dance instruction films to give you a preview of some of the line dances we will do at the reception. The Dance Team will be there in person to dance along with you!

If your organization would like us to come sell tickets at one of your meetings, call Enid Wolf-Schein at 954-978-1368. We make house calls!

Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

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I've often written about how many scams are cyclical in nature, meaning they cycle up and down. IRS scams for example typically peak around mid-April, when our tax returns are due to Uncle Sam. Lottery scams, you know, the ones where all the sudden you "win" a lottery you don't remember entering, seem to increase around the holidays. After all, it's the holidays when many of us go over budget buying gifts for our loved ones and we get worried about money. What better way to "solve" all of our problems than a total stranger telling us we've won a lottery?

Other scams just seem to cycle up and down for no apparent reason. We typically see a lot of distraction scams for example for a few weeks every couple of years. This is where the con artists show up at your door claiming to be from your homeowners association, or some other group, and they con their way into your home saying there's some branches they need to cut in your backyard and they want to show them to you. While one distracts you, the other bad guy steals all your cash and jewelry. We've seen little runs of these scammers come through the area during the spring, sometimes during the fall, but there seems to be no pattern as to when they strike; it just seems to cycle up and down.

Grandparent scams are the same way. In the grandparent scam, the fraudsters

Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Old Scammers' Favorite Cycles Back Up

call you up and pretend to be your grandchild. They usually use your grandkid's name. They've found it somewhere while sleuthing the Internet. They tell you they're either in jail or in some other form of trouble, like stuck in the hospital for example, and they try to convince you to send them money to help. Oftentimes they hang up, and then their "jailor" or "doctor" calls you back explaining how to send the money. Of course they're in on the scam too. We've had reports of this type of scam cycling back up again in the area so be wary. If you get a similar call, hang up, and call your son or daughter and check on that grandchild of yours. I bet there's nothing wrong at all.

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I'm excited to give you a heads up that Creek Armor will launch soon. It's an app you can download on your phone that will give you a direct line of communication to the police and fire departments. You can get all of our latest news, reminders on important events, and traffic updates so you can steer clear of jams or congestion.

It also offers a "crime tips" option that allows you to report suspicious activity directly to our Real Time Crime Center. There's a "Walk with a Friend" function where you can notify a friend that you're out for a walk and have them monitor you in real-time on their phone until you get to where you are going.

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WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA



Putting-Grip, Stance, Alignment Tips

The number of strokes taken on the putting green is probably the easiest of ways to lower your score by avoiding the dreaded 3- putt. Putting can be up to nearly half of your score and a few sound tips max help you.

Grip - the grip is not as essential as your full swing grip. Most players will put the club in their palms almost facing upward to eliminate excess hand a wrist action. The swing is similar to a pendulum. There are many variations to the grip it becomes a personal item in your game.

Stance - because your body is very stationary your stance also is of a personal nature. The ball should be positioned just off your lead heel so the club will strike the ball on a level plane. Your eyes will be just inside the ball or possibly over the ball as the swing is the most straight of all your shots. For medium and longer putts the swing may come a little inside.

Alignment - the putters today have various additions to the face to help you align the face properly on your intended line or break. The use of a line on your ball allows you to point the line on the ball on your intended line of each putt. The use of a technique "spot lining" similar to bowling using the arrows help you find a spot on your intended line usually between 3 to 6 feet in front of your ball is advisable.

As far as speed, especially in Florida, a putt with the pace to go 18 inches past the hole will negate any subtle breaks or the imperfections of the green.

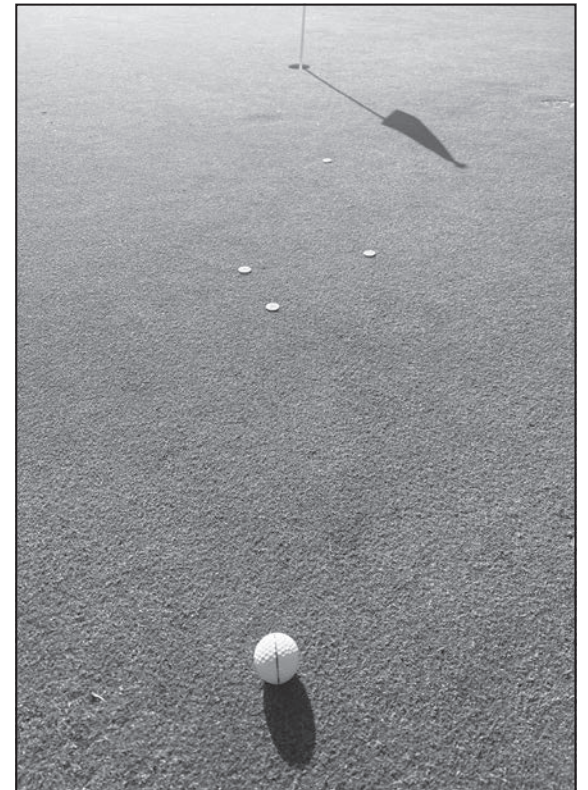
Kevin Battersby, PGA

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Private and Group Lessons at Palm-Aire Country Club in Pompano



Putting grip - note club positioned in palms facing a bit upward to reduce wrist flexion



Note line on the ball pictured and coins serving as spots to align the putter

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POETS *and* POETRY

My mother often used to exclaim in Yiddish... **Kenenahora**. I thought that the word meant knock on wood. I found that it's correct meaning is, 'no evil eye'. It is spoken in an attempt to ward off the evil eye or bad luck and the like. For ways to do that see below

The Evil Eye

By Larry Band

Kenenahora was my mother's way of protecting me
For by saying kenenahora, it kept the evil-eye at sea.
In mame-loshn* it was labelled as a bubbe-miese**
And was spread with many a wink and heh heh.
But, pray tell what in the devil's name is the Evil Eye?
It is an old superstition born of the people of the Sinai.
That if the devil or even an evil person intently eyes you
Then, to avoid any bewitchment repeat saying pu, pu, pu.
Or you can show you are no Evil-Eye-defeatist
And deflect evil with a red string on your wrist
To the same effect you can chew on thread or alternatively
You can pull at your ear whenever you sneeze
As these will ward off the Evil Eye's evil from you and me
And will do so effectively and with much ease.
Moreover, and indeed, before you leave a room close all your open books
As demons will steal knowledge to help them engage in diabolic tactics
For more help put in your pockets and in your house's crannies and nooks
Lots of salt which has effective powers against evil spirits' mean tricks.
Although there are many more ways to ward off the powers of the Evil Eye
The best of which appears to be, having only good thoughts and doing only
good acts
But if such is a no-can-do for you and you are not even willing to give it a try
Maybe you should live as a hermit in a cave until the Evil Eye gets severe
cataracts.

*Mame-loshn = Yiddish meaning Jewish language

**Bubbe-miese = Yiddish meaning an old grandmother's tale.

Many people bemoan the loss of historical things such as black and white T.V.s, The model T-Ford car, Rotary-Dial Telephones and the like. I am still able to enjoy the old and new.

Neither Going Nor Gone

By Larry Band

Many things of value may be going or gone, now or soon.
Who cares, as I'll still own the light of the sun and moon.
Though many other things exist or are in several states of flux.
Who cares, as long as I have my bagels, cream cheese and lox.

All else that is of great importance to me
Will be at my side or alive in my memory
As part of my very own and personal mindset
To ever enjoy, to cherish and to never forget.

Vintage Wine

By Lil Miller

I am in the autumn of my years, my life
Is like vintage wine.
Each day I savor the taste of memories that are keeping me
alive.
I am a pioneer of majestic bridges spanning
the earth, beautiful tall buildings reaching to
the sky, antique planes that have turned
into silvery birds, now ruling the sky.
Telephones, radios, TVs and movies, enlightening
The souls, creating computers now changing the
Future with a more fuller and greater promise
Of magic time.
I have been blessed to walk with father time.
We are a generation, a stepping stone for the future.
May all the beauty that exists, be kept
Wholesome and alive as a "gift" for no
Greater love than mankind

SPEED
LIMIT
25

Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

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LIMIT
15

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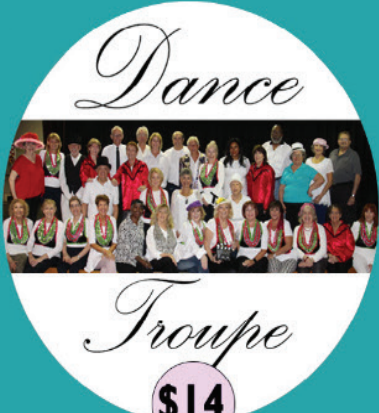


THEATRE SHOWS

MARCH



MARCH 1ST & 2ND
8:00 PM
WYNMOOR DANCE TROUPE



\$14

Wynmoor Dance Troupe will entertain you with an array of different acts including singers, dancers, live music, & much more!

MARCH 4TH
8:00 PM
ECHOS OF PLATTER & DRIFTERS



\$20

"Echos of the Platters" is an amazing blend of facility and finesse! A show jam-packed with astonishing musical arrangements. The group that was formed 40 years ago, "The Drifters Then and Now", is perhaps their best, featuring some of their greatest live performances.

MARCH 8TH
8:00 PM
BOBBY COLLINS



\$20

Bobby's heartfelt humor engages audiences with a hilarious blend of characterizations and spot on observations to which everyone can relate.

MARCH 11TH
8:00 PM
SARGE



\$16

"SARGE" is a motivational speaker bringing a groundbreaking modality of "Comedy Therapy" to people suffering from addiction with incredible results.

MARCH 16TH
8:00 PM
SPINNERS



\$20

Timeless in a way that few other acts today are, The Spinners are one of the most iconic and enduring groups in R&B history.

MARCH 18TH
8:00 PM
TOM COTTER



\$20

Comedian Tom Cotter took the comedy scene by storm after finishing Season 7's "America's Got Talent." With his collection of jokes, Tom Cotter gives it everything he's got.

MARCH 23RD
8:00 PM
ABBACADABRA



\$16

Abba Cadabra promises to continue the momentum by performing 20 of the group's greatest hits in full ABBA fashion and flair.

MARCH 25TH
7:00 PM
CLINTS HOLMES & EARL TURNER



\$25

Clint Holmes is more than just a great singer. He is a consummate entertainer, performer, recording artist, and one of the country's finest vocalists.

A beautiful re-creation of the Carole King songbook performed with live band and multi-media images. Tapestry's Tribute to Carole King faithfully.

Sales for March start last week of February.
(954) 978-2629
 Details below



Scan code with your smartphone to order tickets!
<http://boxoffice.wynmoor.com>

Enter your membership ID number from Wynmoor ID Card.
 Do not include the Zeros before Number ID

Guests Permitted. Must show valid ID & be accompanied by Host Resident. No guests under age 15 permitted.

March sales began online at **10:00 a.m.** on Monday, February 27th. In-person sales begin Wednesday, March 1st.

Box Office hours are Mondays **9:00 a.m. - 12:00 noon and 2:00 p.m. - 4:00 p.m.**, Wednesdays, **9:00 a.m. - 12:00 noon.**

Online sales end two hours before the show. In-person sales are **7:00 p.m. - 8:00 p.m.** on the night of the show.

NO shorts on Show Nights. All Shows are subject to change, modification or substitution. NO refunds/exchange. NO food/drinks allowed in Theatre. Bottled water OK. NO Smoking in Theatre including E-Cigarettes. Some people are allergic to perfume/cologne. If you use these items, please go lightly.

No video or camera use during shows. Please be courteous - no talking on cell phones and no dancing in and between isles. Thank you!

Nature and Arts Club Membership Appreciation Luncheon





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- **Light Housekeeping**
- **Running Errands:** grocery shopping, picking up prescriptions, transporting patients to appointments, shopping.
- **Physical Assistance:** Escort on walks, assistance with physical therapy exercises, recreational activities.
- **Feeding Services:** Plan, purchase, and prepare tasty, nutritious meals, special diet meal preparation, check on food expiration dates.
- **Social Services:** Visit with friends, family, neighbors, attend/transport to religious services, attend/transport to social/club meetings.
- **Companionship Services**
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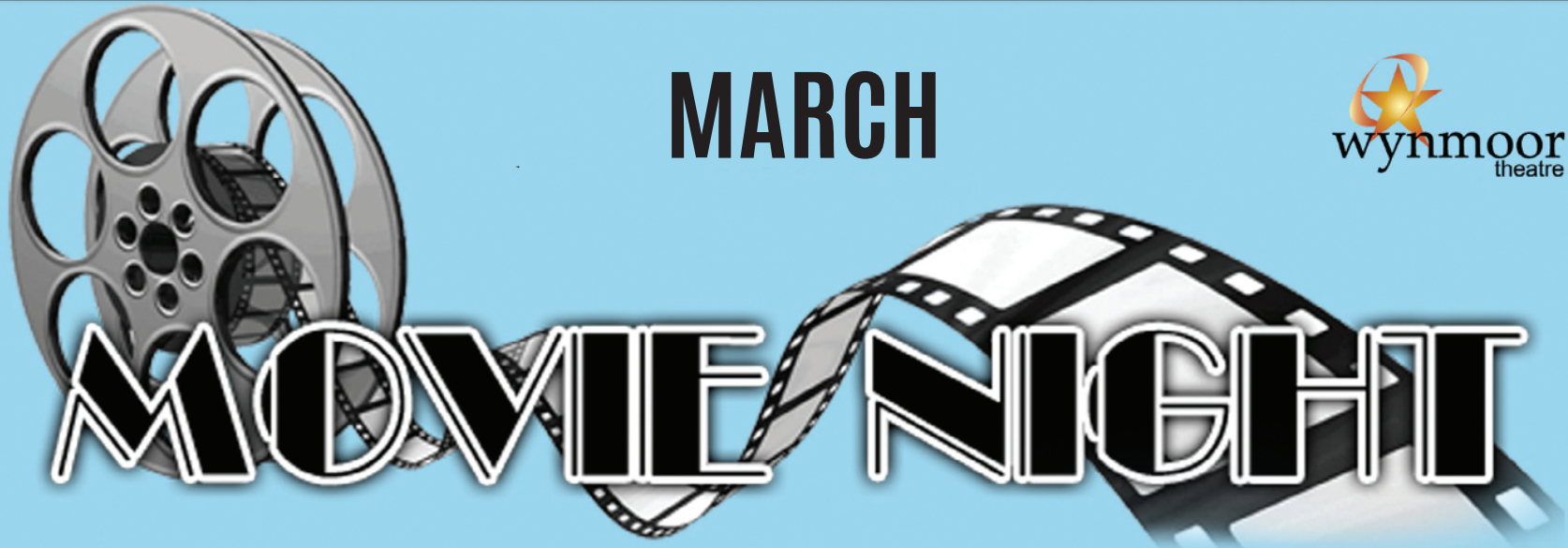
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WYNMOOR REFERENCES AVAILABLE

Monday Night Dance Events





MARCH

MOVIE NIGHT



wynmoor
theatre



Babylon

3 hours, 9 minutes

Sunday, Mar. 5th at 7:30 PM

Starring Academy Winners Margot Robbie, Brad Pitt, and Tobey Maguire. A tale of outsized ambition and outrageous excess, it traces the rise and fall of multiple characters during an era of unbridled decadence and depravity in early Hollywood.

Rated R for strong and crude sexual content, graphic nudity, bloody violence, drug use, and pervasive language. Comedy, Drama, History.



Bones and All

2 hours, 10 minutes

Sunday, Mar. 12th at 7:30 PM

Starring Timothée Chalamet, Taylor Russell and Mark Rylance. Love blossoms between a young woman on the margins of society and a disenfranchised drifter as they embark on a 3,000-mile odyssey through the backroads of America. However, despite their best efforts, all roads lead back to their terrifying pasts and a final stand that will determine whether their love can survive their differences.

Rated R for strong, bloody and disturbing violent content, language throughout, some sexual content and brief graphic nudity.



Black Panther: Wakanda Forever

2 hours, 41 minutes

Wednesday, Mar. 15th at 2 PM & 7:30 PM
Sunday, Mar. 19th at 7:30 PM

Starring Letitia Wright, Lupita Nyong'o and Danai Gurira. Queen Ramonda, Shuri, M'Baku, Okoye and the Dora Milaje fight to protect their nation from intervening world powers in the wake of King T'Challa's death. As the Wakandans strive to embrace their next chapter, the heroes must band together with Nakia and Everett Ross to forge a new path for their beloved kingdom.

Rate PG-13 for sequences of strong violence, action and some language. Action; Adventure; Drama.



She Said

2 hours, 9 minutes

Wednesday, Mar. 22nd at 2 PM & 7:30 PM
Sunday, Mar. 26th at 7:30 PM

Starring Lola Petticrew, Katherine Laheem and Zoe Kazan. The New York Times journalists Megan Twohey and Jodi Kantor publish a report that exposes sexual abuse allegations against powerful Hollywood producer Harvey Weinstein. The shocking story also serves as a launching pad for the #MeToo movement, shattering decades of silence around the subject of sexual assault and harassment.

Rated R for language and descriptions of sexual assault. Drama; Biography.



The Whale

1 hour, 57 minutes

Wednesday, Mar. 29th at 2 PM & 7:30 PM
Sunday, Apr. 2nd at 7:30 PM

Starring Brendan Fraser, Sadie Sink and Ty Simpkins. In a town in Idaho, Charlie, a reclusive and unhealthy English teacher, hides out in his flat and eats his way to death. He is desperate to reconnect with his teenage daughter for a last chance at redemption.

Rated R for language, some drug use and sexual content. Drama; Physiological Drama.



Plane

1 hour, 47 minutes

Wednesday, Apr. 5th at 2 PM & 7:30 PM
Sunday, Apr. 9th at 7:30 PM

Starring Gerard Butler, Mike Colter and Tony Goldwyn. Pilot Brodie Torrance saves passengers from a lightning strike by making a risky landing on a war-torn island -- only to find that surviving the landing was just the beginning. When dangerous rebels take most of the passengers hostage, the only person Torrance can count on for help is Louis Gaspere, an accused murderer who was being transported by the FBI.

Rated R for violence and language. Action; Thriller.

954-978-2629

*Wednesday and *Sunday Movie Showings Will Be Presented With "Open Captioning" When Available.

**** MASKS ARE OPTIONAL ****

Movies start on time. No reserved seating for movies. Movie tickets are \$2.00 (check/cash); exact amount is REQUIRED! NO CHANGE WILL BE PROVIDED.

IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable.

Children younger than 15 are not permitted Theatre.

No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes.

Movies are subject to substitution. There is no refunds or exchanges.

Some people are allergic to perfume and cologne. If you must use these items, please go lightly.

Martinique Village



2023 Annual Social

By Linda Hirsch

US Club
The US Club motto of "Unique Sociability" Lives On!

MARDI GRAS Festival



Extravagant Entertainment!

Tuesday, March 7th
7:30 PM in the Ballroom
 (Doors open at 6:45 PM)
Costumes Encouraged!
RSVP Phone Squad

2023 Members \$3 | Guests \$10 at the door



Saturday Night West Wing

Dance EVENTS

Doors Open at 8:15 pm

March 7 th	John Brown
March 11 th	Joe Bonilla
March 18 th	Sammy Fields
March 25 th	Shonee



Join us for the complimentary dance at the West Wing!
 From 8:30 pm - 11:00 pm. **Doors open at 8:15 pm.**
 Complimentary coffee will be provided. BYOB

For Wynmoor residents with valid Wynmoor I.D Only.
 Guests are permitted accompanied by host residents; \$5.00 admission fee for guests.
 Shorts are not permitted.




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Service Equals Reward

By Sheriff Gregory Tony
BUILDING TRUST

Our nation has witnessed, once again, another tragedy that took place at the hands of five Memphis police officers. Incidents like this spark outrage and distrust from the people we serve and disappointment among our ranks.

When I entered the law enforcement profession, I took an oath to serve and protect – an honor I hold with high regard and implore among our ranks. While the actions of a few can tarnish the efforts of many, the Broward Sheriff’s Office (BSO) has taken progressive steps toward preventing incidents like this from happening in Broward County.

Since becoming Sheriff, I’ve worked with our organization’s leadership core to implement policies and procedures that identify areas of concern, address behaviors, enhance training and hold people accountable for their actions. The below highlights some of these initiatives:

- **Early Warning System:** A process designed to detect policy violations and misconduct through various review boards: Use of Force Review Board, Vehicle Pursuit Review Board and the Shooting Review Board.
- **Professional Standards Committee (PSC):** We restructured the PSC to include greater diversity and inclusiveness – including minority members,



qualified civilians and BSO command staff. The PSC gives the public a voice in critical decisions regarding discipline of deputies accused of wrongdoing.

- **Racial Intelligence Training (RITE):** Training focused on reinforcing a bias-free workplace, racial and cultural sensitivity and de-escalation techniques. While BSO nears 100% completion for all deputies, we have also funded the RITE Train-The-Trainer Course, expanding this valuable training opportunity to all local law enforcement agencies to train their personnel.

- **8 Can’t Wait:** BSO is in full compliance with the eight immediate proven steps to curtail police violence.

- **Neighborhood Support Team:** A proactive law enforcement presence in the community designed to make law enforcement more visible, reduce fear and support interactions between the public and law enforcement.

At BSO, we understand the value of maintaining trust from those we serve. As a public safety organization, we will continue to evaluate policies and build programs centered around doing what is right, responsible, fair and equitable while being accountable and transparent with the community.



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Please call me, **EVETTE** at **561-364-8659** or on my cell phone **954-734-3449** if you would like to discuss or get additional information. Just Imagine, Freedom from Bladder Problems.

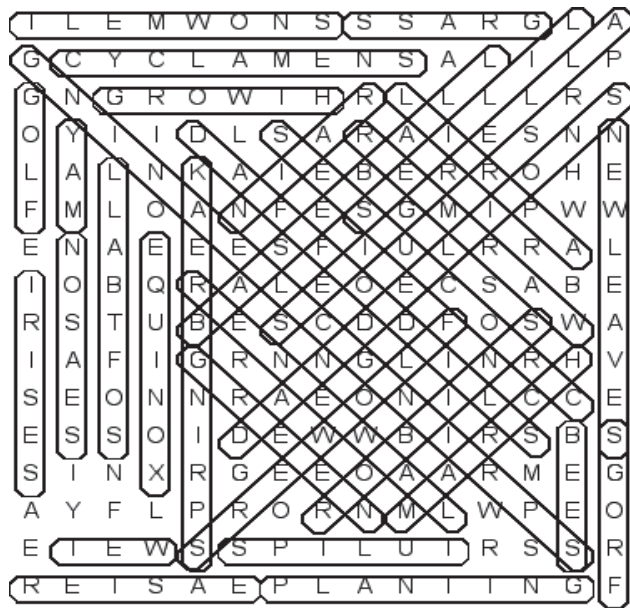
Puzzles and Games

Solutions from page 22

Crossword Puzzle

G	H	O	S	T		M	A	R	E		U	S	E	S					
N	A	D	I	R		E	G	A	D		N	A	V	E					
A	L	O	N	E		M	E	N	U		P	L	O	W					
W	O	R	K	A		H	O	L	I	C		R	A	K	E				
						T	O	R	E		E	R	O	D	E	D			
D	O	L	L			T	I	S			D	A	M						
A	R	U	I			E	A	S	T		S	P	R	A	T				
B	A	R	B	E	L		R	A	P	T	U	R	E						
S	L	E	E	P		S	E	E	P		E	D	E	N					
						R	I	G			T	A	R			D	E	A	D
D	E	T	A	C	H		A	T	O	P									
A	X	I	L			E	N	G	I	N	E	E	R	E	D				
Z	I	T	I			T	O	E	S		N	A	I	V	E				
E	L	L	S			T	I	R	E		A	S	P	E	N				
S	E	E	M			O	R	E	S		L	E	E	R	Y				

Spring



The hidden sentence is: APRIL SHOWERS BRING MAY FLOWERS

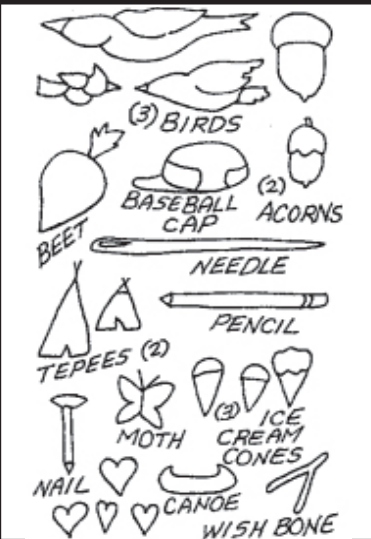
Sudoku

8	9	3	5	4	2	6	7	1
1	2	6	7	8	3	5	4	9
5	7	4	9	1	6	2	3	8
2	4	5	8	7	1	3	9	6
9	3	1	4	6	5	7	8	2
7	6	8	3	2	9	1	5	4
6	8	7	1	3	4	9	2	5
3	5	2	6	9	8	4	1	7
4	1	9	2	5	7	8	6	3

Binox

O	X	O	X	X	O
O	O	X	O	X	X
X	O	O	X	O	X
X	X	O	X	O	O
O	X	X	O	X	O
X	O	X	O	O	X

HIDDEN PICTURE PUZZLES BY LIZ
How many hidden items can you find?



WYNMOOR'S YouTube CHANNEL

WE ARE NOW ON YOUTUBE!

Check out Wynmoor Community Television on Youtube, Search 'Wynmoor Community Television' and Subscribe to the Channel for the latest video updates.

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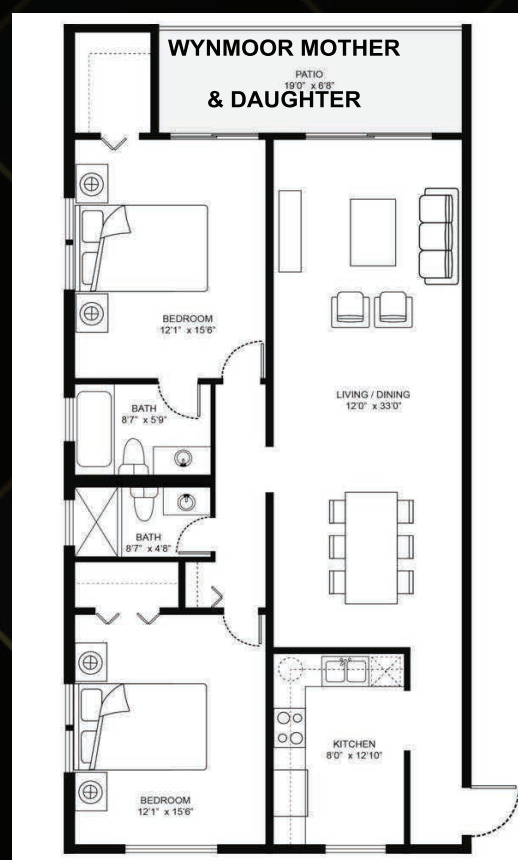
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